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THE RIVER WEEKLY NEWS

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Vol. 14, No. 46

From the Beaches to the River District downtown Fort Myers

NOVEMBER 20, 2015

Florida Repertory Theatre's Winter Arts Camp Registration Now Open



A session from a past winter camp

Florida Repertory Theatre and the Lee County Alliance for the Arts are teaming up again in December for Winter Arts Camp 2015. Children ages 5 to 17 will act, sing, dance and create during the four-day session running from December 28 to 31. This year's theme is Musical Theatre Adventures, a holiday workshop exploring the magic of musicals through the family friendly classic *The Polar Express*.



A previous camp performance

With the guidance of professional instructors, students will discover the best of musical theater, integrating drama, dance, music and art into their final product, an informal presentation showcasing the many things they learned during camp.

The cost is \$175. Camp runs from 9 a.m. to 4 p.m., with aftercare available for \$5 per day. Call 332-4665 or go to www.floridarepeducation.org for more information, or to register online.

The Alliance for the Arts supports artists and arts organizations in the local area as
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Off Broadway Palm Theatre's Holiday Show

The Off Broadway Palm Theatre is dreaming of a "plaid" Christmas as it presents *Plaid Tidings* now through December 26. The boys of *Forever Plaid* are back and all wrapped up with a big plaid bow on top! This holiday musical is designed to get audiences into the spirit of the season.

Frankie, Sparky, Jinx and Smudge have returned to Earth for another performance and a phone call from Rosemary Clooney lets them know they are needed to bring some holiday cheer and harmony into a harsh world. You'll hear hits from the '50s and '60s along with traditional holiday songs you know and love such as *Let It Snow*, *Jingle Bells* and *Have Yourself A Merry Little Christmas*. Added among the holiday hits are their version of *The Ed Sullivan Show* (this time featuring the Rockettes, the Chipmunks and The Vienna Boys' Choir) and a Plaid Caribbean Christmas which puts the "Day-O" in Excelsis.

The Off Broadway Palm Theatre has 100 seats and is located in the main lobby of Broadway Palm Dinner Theatre. With no seat further than 25 feet away from the stage, you become part of the show. Performances are Wednesday through

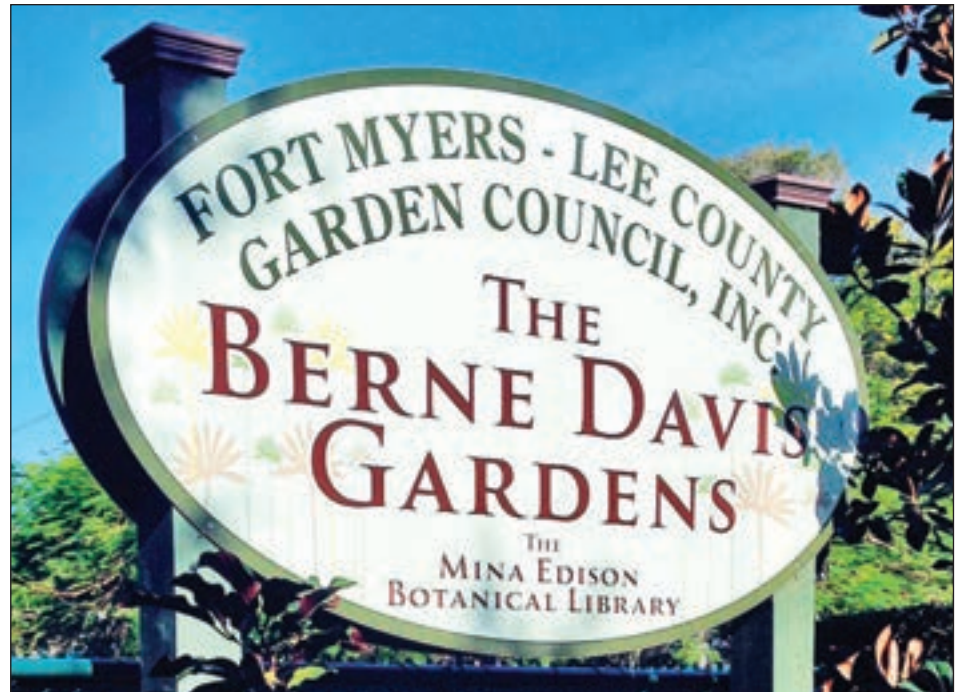
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Getting in the holiday spirit



A scene from *Plaid Tidings*



The open house is Saturday from 10 a.m. to 2 p.m.

Botanical Garden Open House And Tour Is Set For Saturday

Garden enthusiasts are invited to a free open house at the Berne Davis Botanical Garden on Saturday, November 21 from 10 a.m. to 2 p.m. at 2166 Virginia Avenue, Fort Myers. Those attending will be able to meet with representatives of local garden clubs and plant societies, along with having a garden tour.

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Historic Downtown Fort Myers, Then And Now:

Boom-Time Streets



by Gerri Reaves, PhD

During the 1920 boom years, the section of downtown pictured here was transformed – indeed, one might say created – by the building of two new streets over only a couple of years.

The historic photo, probably taken during the early 1930s, captures the northward view from Broadway at First. At the center is the Fort Myers Realty Building at the Dean Street corner.

Both Broadway and Dean had existed for only a few years when the photo was snapped, and almost every structure in the photo was built during the mid-1920s.

John Morgan Dean started the transformation of the scene in 1923, when he built the three-story Morgan Hotel (right) on the same spot where a hotel had stood since pioneer days.

The city granted him permission to create Dean Street so the hotel could have entrances on both Dean and First. The hotel eventually expanded from 22 rooms into the structure it is now.

The brick Fort Myers Realty Building soon followed. At the time this photo was taken, the upper floor was occupied by the law offices of William J. Wood and Ralph E. Kurtz and half of the lower floor by the Fort Myers Realty Co.

The other half of the lower floor, which had been occupied by Hoyer's Grocery for most of the boom, was apparently vacant in the early years of the Great Depression.



This northward view from Broadway at First Street was probably taken in the early 1930s. Pictured are the Fort Myers Realty Building (center) at the Dean Street corner, the Kress Building (left), the Morgan Hotel (right) and the Lee County Packing Company on the river (center left).

courtesy Southwest Florida Historical Society



The addition of the Franklin Hardware Building (right; now Franklin Shops) is the most significant change in the scene

photo by Gerri Reaves

Simultaneously in the early 1920s, Broadway was being built, as Henry Colquitt, George R. Sims and LC Curtright teamed up to buy properties between First and Main streets.

That big-city name is also an invention of the boom. Until then, the portion of Broadway south of Main was named Garrett Street.

In 1924, the trio of developers gained the City's permission to build a new street, at their own expense, it should be noted. The block opened early in 1925.

The buildings in the Broadway block between First and Main -- the Post Office Arcade, the Belmar, and the Colquitt Buildings -- then went up lickety-split. (Those buildings were located behind and to the sides of the photographer.)

The Kress Building (left) opened in December 1927 at the corner on First, crowning the Broadway building boom, which by that time was headed for a bust.

But what about those pre-boom-time structures in the historic photo?

Those comparatively ramshackle buildings (far right) at the southeast corner of First and Broadway held on until the Franklin Hardware Store (now Franklin Shops) was built in 1937.

The corner business -- marked by the Schiltz sign -- was the Pink Elephant, a beer bar that also sold soft drinks and magazines.

A café and barber shop opening onto Broadway also existed around that time.

Also lingering from an earlier era is the building in the distance (center left), the Lee County Packing Company. The words "Packing Company" are visible in large letters on the slanted roof.

That huge structure on the river at the foot of Monroe Street played a major role in area's economy. It began operations in November 1910 but was destroyed by fire in January 1914.

The second plant, pictured here, operated until the early 1950s, when it too was destroyed by fire.

It's worth noting that in those early years of the Great Depression, not everyone chose -- or could afford -- to travel in an automobile. Notice the bicycle rack loaded with several bicycles (right) as well as the bicycle at the Realty Building.

Walk to the First Street intersection with a "jog" in it and ponder how fast that part of downtown was invented during the boom.

Then, walk a few blocks to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the impact of boom-time developers on Fort Myers.

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Fort Myers Art:

Silk Scarf Workshop At Edison Ford



by Tom Hall

Artist Marie Dyer is offering a workshop from 9:30 a.m. to 2 p.m. on Saturday, November 21 and again on Saturday, December 12 at the West Museum Porch at the Edison

& Ford Winter Estates that will teach participants to create their own hand-painted silk scarves. Under Dyer's tutelage, painters of all levels will create a "one-of-a-kind" scarf that is either six-feet long or 35 inches square that they will treasure for years to come.

Dyer is a New England transplant who's become a North Captiva icon, offering patrons and first-timers vibrant and natural Southwest Florida landscapes that reflect her own bright and energetic personality. She frequently teaches painting and silk scarf workshops and Gallery Talks at the Edison Ford Estates.

The cost of the workshop is \$75 for Edison Ford members and \$80 for non-members. All materials will be provided. Space is limited; registration is required



North Captiva artist Marie Dyer offers silk scarf workshops at Edison Ford Estates on November 21 and again on December 12

by calling Edison Ford registrar Leanne Criswell at 334-7419 or emailing her at lcriswell@edisonfordwinterestates.org. Participants may bring their own lunch or enjoy lunch at the Banyan Refreshment area or Pinchers Restaurant at The Marina at Edison Ford.

Edison Ford is open daily from 9 a.m. to 5:30 p.m. Edison Ford is the winner of the 2009 National Stewardship Award from the National Trust for Historic Preservation and is an official project of Save America's Treasures at the National

Trust for Historic Preservation, a Florida Historic Landmark and a National Register Historic Site. For additional information, call 334-7419 or visit www.edisonfordwinterestates.org.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✴

Estates To Host Annual Edison Garden Festival

Edison & Ford Winter Estates will host the annual Edison Garden Festival on November 21 from 9 a.m. to 5 p.m. and November 22, from 9 a.m. to 4 p.m. Dozens of vendors from all over Florida will have thousands of exotic and tropical plants and trees, along with garden art and supplies for sale.

This family event will include a children's activity area, where kids will make flower pots, corn husk dolls, bookmarks and wrapping paper.

Admission is free and there is no charge for parking. The children's activities will be available from 10 a.m. to 2 p.m. Saturday and Sunday.

Vendors will have palms, vegetables, bromeliads, hibiscus, butterfly plants, African violets, orchids, air plants, herbs, succulents, cactus and many hard-to-find species, as well as garden supplies and gift items, including mulch, trellises, pottery, cut flowers, hats and jewelry for sale. The local 4-H club will have flower and vegetable seeds for sale.

This year's vendors include A Lot On My Plate, B. Keith Councill Honey, Budsalot, Calusa Palms Nursey, Daylily Mac, Draper Underwood, Dusty Holmes, Elting's Exotic Plants, Exotic Hibiscus Butterfly Farm, Fort Myers Garden

continued on page 19

Evening Of Silver And Gold Tickets Now On Sale

The Sidney and Berne Davis Art Center, 2301 First Street in downtown Fort Myers, on Saturday, December 12 will host An Evening Of Silver & Gold from 6 to 10 p.m.

Last year, the inaugural LGBT Lee County Black & White Ball was sponsored by Equality Florida, with proceeds supporting LGBT political needs throughout the state.

Proceeds from this year's event will remain in Southwest Florida and will be donated to the LGBT (Lesbian, Gay, Bisexual, Transgender) Community Fund of Southwest Florida, a fund of Southwest Florida Community Foundation.

Heavy hors d'oeuvres will be served and a drink ticket will be issued to each guest for either beer or wine. Dancing will be to the music of a DJ from The Bass Agency. A cash bar will be available.

Guests may bid on live auction items including vacation packages, tickets to events, etc.

Tickets are \$100 per person. Go to www.floridacommunity.com to purchase tickets and/or make a donation.

The LGBT Community Fund of Southwest Florida is referred to as a giving circle that engages like-minded individuals and organizations to increase philanthropic support in Southwest

Florida for the unique challenges and opportunities facing Southwest Florida's LGBT community.

Grant making from the LGBT Community Fund is research-based. By researching local, national and state statistics, the committee has identified the following areas in the SWFL region in need of assistance.

All contributions from the fund will be granted out each giving year to meet the needs of the community. Contributors who give \$250 within the year will have a vote to determine grant focus areas.

For tickets or sponsorship opportunities, visit www.floridacommunity.com.✴

From page 2

Streets

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

If you love local history, put the Southwest Florida Historical Society's research center on your "must-visit" list.

The all-volunteer non-profit organization is at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society and *The Story of Fort Myers* by Karl S. Grismer.✴

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Davis Center Launches Campaign To Equip Classrooms



Drawings of the Davis Art Center Learning Studios

The Sidney and Berne Davis Art Center has launched an Indiegogo crowd-funding campaign to create a suite of three state of the art STUDIOBRICKS Learning Studios to enhance the Eclectic Education Programming on the recently renovated upper floor in the east classroom at the Sidney & Berne Davis Art Center.

These learning studios are a high-quality, self-assembly, acoustic sound booth system designed to be easily adaptable to any space. Having proper soundproof space provides an ideal learning environment for students. A suite of these learning studios will maximize the use of space so multiple sessions can take place simultaneously, allowing multiple instructors to teach simultaneously in the first two studios while more advanced students are recording in the third studio. Additionally, these studios will be a valuable resource for visiting musicians and vocalists by providing a space to rehearse



A Davis Art Center music teacher and student in the studio

and record in, as well as Southwest Florida residents looking for their own rehearsal space or recording studio.

The Davis Art Center recently opened the upstairs and since has hosted gallery exhibitions, luncheons, and theater performances in this newly renovated space. Eclectic Education Programming has also begun, which includes a variety of art classes and workshops for all ages. We are very excited to be launching the campaign to add the the learning studios which will provide students with a unique, state of the art learning environment and give them the opportunity to hone their talents. These studios will properly equip the renovated classrooms for new, enriching and accessible arts education programs for children and adults alike. Arts and music education is a growing force in the Southwest Florida community.

The Sidney & Berne Davis Art Center is located in the historic downtown River District at 2301 First Street in Fort Myers. To learn more about the Davis Art Center or about helping to fund these learning studios, visit www.sbdac.com.

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Online Public Records Workshop

Lee County Clerk of Court Linda Doggett invites all Southfrest Florida residents to attend the public seminar, The Value of Searching Records and Online Services. It will be held on Wednesday, December 9 from 1:30 to 3:30 p.m. at Cape Coral Public Library, 921 SW 39th Terrace in Cape Coral.

Public records are invaluable to businesses and organizations and can help residents and consumers make better-informed decisions in their daily life. Learn what to do if you suspect fraud, waste or financial mismanagement involving court-appointed guardians over elderly, minor children and incapacitated individuals. Learn how to search public records for copies of deeds and mortgages; review court records of prospective tenants, employees, contractors and doctors; pay traffic tickets online; request postponement or excusal of Jury Duty and more.

This seminar is free and informative. Doggett will guide attendees through the information available on the Lee County Clerk of Court website. Seating is on a first come basis and subject to capacity. Check the Community Outreach Schedule located within the Media Center tab online at www.LeeClerk.org for additional dates and locations.

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Community Foundation Announces New Fund

Frank Stern was one of those self-made millionaires who never dressed the part or lived extravagantly. He even avoided driving on toll bridges to save a dollar – literally.

Every dollar Stern saved – more than \$4 million during a 14-year span – was endowed to a donor-advised fund at the Southwest Florida Community Foundation upon his death at age 95 in February 2014.

Stern's frugal nature, savvy investing and hard work helped him save millions to donate back to the community.

"It is people like Frank who inspire us in our work to do everything we can as effectively and efficiently as possible to create change in our region," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation.

Stern followed a low-key and healthy lifestyle, and he remained active in his businesses until a few years before his passing.

"I think he took the bridge once or twice," said Larry Sickler, a long-time supervisor for FTE Developers, one of several local businesses operated by Stern and his brother, Ed Stern. "He never went across the Midpoint Bridge because he didn't want to pay the toll. He always said, 'I can get where I want to go without paying a dollar.'"

"Frank was really into investing and making sure his money did a lot of good when he was gone," said Michael Davis, a financial advisor who met Stern 12 years ago and helped him plan his charitable giving. "Frank was extremely frugal, and he wanted to make sure he didn't run out of money."

Stern made his fortune in real estate investment and development during the first wave of seasonal residents to Fort Myers and Cape Coral in the mid 1900s. He discovered Southwest Florida after his father, a butcher, retired to the area and started purchasing land.

"Frank never had anything handed to him," said Sickler. "Every dollar he had he gained by working hard."



Frank Stern

Born in Wisconsin, Stern tapped into his entrepreneurial spirit in high school, renovating and selling Ford motorcars. He was working toward a business degree at the University of Texas during the onset of World War II.

"He figured if he volunteered, he would get a better job," said Charles Marble, a long-time friend and Stern's caregiver. "He didn't want to be in the infantry, so he went to flight school."

Stern was stationed in England and flew unarmed reconnaissance missions into enemy territory.

"He was like Forest Gump because he witnessed a lot of history," Davis recalled fondly. "Frank had so many stories about the war in Europe. He even took a picture of one of his friends with Churchill and Eisenhower. He was a real gentleman and very interesting to talk to."

Stern retired as a major in the U.S. Air Force and was active in its reserve program for 20 years. He established his permanent roots in the Fort Myers area in the 1960s. He never married or had children.

Stern was committed to giving back to the community where he'd made his fortune.

"He was thinking about starting his own foundation until he learned the Southwest Florida Community Foundation was right here and basically doing the same thing," Marble said. "Frank donated to a number of projects but would never accept a plaque or have anything named after him. That wasn't Frank's style. He was not looking for accolades from anyone."

And, he left a never-ending legacy for Southwest Florida.

"Frank was a fine man. He was honest and fair, a very good person," said Sickler. "Once he opened up, you'd see all these great qualities. We started off as business partners and ended up as family."

As leaders, conveners, grant makers and concierges of philanthropy, the Southwest Florida Community Foundation is a foundation built on community leadership with an inspired history of fostering regional change for the common good in Lee, Collier, Charlotte, Hendry and Glades counties. The Community Foundation, founded in 1976, connects donors and their philanthropic aspirations with evolving community needs. With assets of more than \$93 million, the Community Foundation has provided more than \$61.2 million in grants and scholarships to the communities it serves. Last year, it granted more than \$2.9 million to nonprofit organizations supporting education, animal welfare, arts, healthcare and human services. It also granted \$782,000 in nonprofit grants, including more than \$551,000 in regional community impact grants and additional \$450,000 in scholarship grants.

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit www.floridacommunity.com.

From page 1

Botanical Garden

There is no charge for attending and parking is free, entering from the Edison-Ford Winter Estates back parking lot on Larchmont Avenue, off McGregor Boulevard.

As in previous years, this event coincides with the Edison Garden Market at the Edison and Ford Winter Estates.

All member clubs and societies of the Garden Council are being invited to participate. Plants and garden-related items will be available for purchase and members will provide demonstrations and displays.

The Fort Myers-Lee County Garden Council provides free tours of the Berne Davis Botanical Garden every Tuesday from 10 a.m. to 1 p.m. The garden is open to the public at no charge, and arrangements may be made for a private tour by calling 332-4942.

The Fort Myers-Lee County Garden Council was formed in 1957 and now comprises various clubs, societies, and affiliate members in the area. Membership provides an opportunity to learn about floral design, growing plants suitable for this locale, and conservation methods. The council assists in educating and beautifying the community, and improving the environment.

A speakers bureau provides speakers for meetings and events. The council is a member of the National Garden Clubs, the Florida Federation of Garden Clubs and American Public Gardens Association.

For additional information about the council, contact Kay Holloway, president, at 332-0294 or at fmlcgcpres@embarqmail.com.



The Garden Council, with the assistance of local donations, rescued Lorelei from an uncertain fate

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Garden also open every Tuesday between 10am and 1pm thru May
Member of the FL Federation of Garden Clubs and American Public Gardens

Calendar Girls Honor Veterans



The Calendar Girls honor our veterans

The Calendar Girls honor veterans each and every day of the year, and on Veterans Day 2015, the girls performed their America The Beautiful show at Serendipity Community in North Fort Myers. In attendance were Southeastern Guide Dogs dog-in-training chief and ambassador dog Carrier, along with their puppy raisers.

Since 2006, The Calendar Girls have been sponsoring guide dogs for veterans through the Paws For Patriots program of Southeastern Guide Dogs, and thanks to the generosity of Southwest Floridians, they have now sponsored 16 puppies.

For more information, visit www.calendargirlsflorida.com.✱



Calendar Girls

Calendar Girls Visit Sundowners

The Calendar Girls performed at the Sundowners annual Hangar Dance on Saturday, November 14. The Sundowners provide boater safety from the and have been flying patrols for 50 years.

For more information about the Calendar Girls, log onto www.calendargirls-florida.com or call 850-6010.✱

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HORTOONS



Greeters Club Luncheon

The holiday season is a time for sharing. And the members of the Greeters Club of Greater Fort Myers will be sharing A Few Of Their Favorite Things during their next monthly luncheon on Thursday, December 17. At the meeting, club members will be taking a page out of the score of *The Sound of Music*, and then following in Oprah's footsteps.

Tickets are \$20 per person. To make a luncheon reservation and find out more about joining this dynamic group of Lee County women, send an email to greetersclub@gmail.com. Provide your contact information (your name, email address and phone number). You will receive an email confirming your reservation. Greeters Club luncheons are held on the third Thursday of the month at 10:45 a.m. at the Colonial Country Club, 9181 Independence Way in Fort Myers.

For more details, visit greetersclubofgreaterfortmyers.com.✱

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April Cannon, a personal shopper for Dress for Success SW Florida

Shop For Success Raises \$95,000 For Women's Programs

Dress for Success SW Florida held its annual Shop for Success shopping extravaganza on Friday, November 6 at the Crowne Plaza Fort Myers at the Bell Tower Shops. Some 5,000 square feet of designer clothing and accessories were on sale, with items starting at \$5.

Shop for Success has been on a run of record-breaking fundraising and this year's event was no exception. This



Barbara Dell and Amy Sedlacek

year's event brought in \$95,000, easily surpassing last year's record-breaking amount of \$73,000.

Founding Sponsor White House Black Market makes this annual event possible, and donates new merchandise representing a major portion of the tops, pants, skirts, dresses, suits, jackets, shoes, handbags and jewelry for sale to raise funds to promote the economic independence of local disadvantaged women. This year White House Black Market donated an unprecedented 85 boxes of brand new merchandise to support Dress for Success SW Florida.

In addition to White House Black Market, Chico's FAS and other local retailers also provided brand new merchandise for this annual event, including



Hannah and Keira Pelle

Talbot's and Macy's. Gently used fashion items are donated by individual supporters of the organization.

Dress for Success SW Florida is part of a global movement for change, empowering women to obtain safer and better futures. Since starting operations in 1997, Dress for Success has expanded to more than 141 cities in 19 countries and has helped more than 850,000 women work towards self-sufficiency, while providing career wardrobes, employment counseling and mentoring.



Lori Milton

The Fort Myers location of Dress for Success SW Florida is 12995 S. Cleveland Avenue, Suite 153, Fort Myers in the Pinebrook Plaza. The Naples location is 9015 Strada Stell Court, Suite 205.

For information on Dress for Success SW Florida, email swflorida@dressforsuccess.org, call 689-4992 or visit swflorida.dressforsuccess.org.✱



Sara Fitzpatrick Comito, Melanie Thomas and April Bordeaux



Tracie Bagans



Meredith Hoffman

Learn How To Stop Human Trafficking

The SWFL Regional Human Trafficking Coalition will hold its first Volunteer Training in Fort Myers on Monday, November 30 from 6 to 8 p.m. at the AAA office, located at 2516 Colonial Boulevard (corner of Colonial and Fowler) in Fort Myers. Refreshments will be provided.

Earlier this year, Southwest Florida had the largest trafficking ring bust in the state, when 15 traffickers were arrested. The Coalition was active in this bust, working alongside law enforcement for more than two years. This is an active and growing organization and the demand for volunteers is higher than ever before and we would like you to help us meet this demand.

The needs of the SWFL Regional Human Trafficking Coalition are:

- Volunteers and sponsors to help at two annual events – Slave Free on January 30 and Taste of Freedom on April 16.
- Make presentations to various civic and faith based groups, schools, tourism venues such as hotels and restaurants and corporations.
- Train the Trainer, in which you will be able train the employee whose job it is to train new employees or for recertification
- Bi-lingual presenters and presentation translators

Information provided to the attendees will ensure a safe Southwest Florida as every presentation brings awareness of the horrific crime of human trafficking right here in our own communities.

For more information or to sign up, contact Mary McDonough, senior business development partner for the SWFL Regional Human Trafficking Coalition, at 410-0507 or Marymac@swflhtc.org.✱



Julio Barina and Karen Anderson



Gail Markham

Along The River



The Fort Myers-Lee County Garden Council is hosting its annual Open House on Saturday from 10 a.m. to 2 p.m. It is located at the Berne Davis Botanical Garden in downtown Fort Myers

There are many area activities scheduled for this weekend.

Fort Myers
The historic River District comes alive this Friday with the return of **Music Walk**. Stroll along downtown Fort Myers' beautiful brick-lined streets while talented musicians play in and around restaurants, bars, art galleries and shops. Each month brings new energy and great music, from jazz and blues to rock 'n' roll. Music Walk is held on the third Friday of every month beginning at 7 p.m.

For more information, call Lance at 645-6457 (Ford's Garage) or go to www.fortmyersmusicwalk.com.

The 7th annual **Saturday Art Fair** returns to First Street in downtown Fort Myers from 10 a.m. to 5 p.m. on November 21. Artists will set up on the First Street sidewalks from Hendry Street to Jackson Street. Expect to see works of fine art, jewelry, ceramics, designer wear and unique artsy fine crafts. Prints from original works are also available. Art vendors will be place on the sidewalk in front of prominent businesses.

For more information, call Claudia Goode at 337-5050 or email her at cgoode@actabuse.com.

The Fort Myers-Lee County Garden Council is hosting its annual **Open House for Botanical Garden Tour**. Garden enthusiasts are invited to a free open house at the **Berne Davis Botanical Garden** on Saturday, November 21 from 10 a.m. to 2 p.m.. Those attending will be able to meet with local garden clubs and plant societies, along with having a garden tour.

As in previous years, this event coincides with the Edison Garden Market, which will be held at the Edison and Ford Winter Estates the same weekend. All member clubs and societies of the Garden Council are being invited to participate. Plants and garden-related items will be available for purchase and members will provide demonstrations and displays.

There is no charge for attending and parking is free, entering from the Edison-Ford Winter Estates back parking lot on Larchmont Avenue, off McGregor Boulevard.

The Berne Davis Botanical Garden is located at 2166 Virginia Avenue, Fort Myers. For additional information about the Council, contact Council President Kay Holloway at 332-0294 or fmlcgcpres@embarqmail.com.

Fort Myers Beach
Heading to Fort Myers Beach this weekend? Then get ready to hit the sand! The **29th annual American Sand Sculpting Championship and Beach Festival** returns on Friday, November 20 through Sunday, November 29 with more sculptures than ever before.

This year Sculptors represent nine different countries and 10 states. Collectively, they hold over 300 competition medals and many of them are World Champions. There will be 16 Solo Master Sculptors, 10 Doubles Master Sculptors (five teams) and 11 Advanced Amateurs who will compete for the Florida State Championship.

There's also a Kids Zone where the kids can practice building their own sand sculptures; sand sculpting demonstrations and lessons; a Sand Vendor Village with more than 50 vendors from around the country offering a great selection of food, beverages, specialty retail and arts and crafts; an amateur contest; and live music every afternoon.

Tickets at the gate are just \$5 for adults and children five and older, four and under are free. Tickets can also be purchased online at www.fmb sandsculpting.com.



The 29th annual American Sand Sculpting Championship and Beach Festival begins this Friday and continues through Sunday, November 29 on Fort Myers Beach

The American Sand Sculpting Competition will once again be at the Wyndham Garden Hotel, located at 6890 Estero Boulevard, Fort Myers Beach. For more information and a full schedule of events, call the Greater Fort Myers Beach Area Chamber of Commerce at 454-7500 or go to www.fmb sandsculpting.com.

After viewing sand sculptures, stay for live music at Times Square during the **Sunset Celebration**. Local bands play every Friday and Saturday evening from 5 to 10 p.m., weather permitting, and there is no charge to attend.

On Friday, November 21, popular cover band High Tide will entertain the crowd with rock, reggae and R&B. The following evening, it's The Manipulators from Fort Myers playing anything that will make you dance.

For more information about the weekly Sunset Celebration, call 463-5900.

Sanibel Island
On Monday, November 23, the **Clinic for the Rehabilitation of Wildlife (CROW)** presents their Case of the Week presented by CROW students as part of its year-round Wonders of Wildlife (WOW) series. It begins at noon. Admission is \$7 per person.

CROW is able to treat 3,500 animals annually with the assistance of its students, who become experienced wildlife care professionals at our teaching hospital. During this program our students dive into the world of conservation medicine and wildlife rehabilitation while discussing exciting patient stories and personal victories.

CROW's Visitor Education Center offers immersive, hands-on exhibits and live video footage focusing on wild animal stories that is exciting for guests of all ages. It is located at 3883 Sanibel Captiva Road, Sanibel. For a complete event schedule and additional information, call 472-3644 ext. 229 or go to www.crowclinic.org.

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FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches
For more information, check out our advertisers in this week's *River Weekly*

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.

ISLAND COW



Scallops served with blue lump crab meat, black linguine and mixed vegetables finished with house-made citrus butter from Doc Ford's on Fort Myers Beach

Where can you go when you're in the mooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french doors leading out to the front and back

patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-4377.✧

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistammenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES

CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m. Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. Sunday Service and Sunday School, 10:30 a.m.; Wednesday Evening Testimony Meeting, 5:30 p.m. Child care provided at all servicees. Visit our Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 5 p.m. christianscience-fortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embargmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunity-church.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care. RIVER OF LIFE ASSEMBLY OF GOD 21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER

CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com. Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholas-monastery.org.

ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.new-churchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi ZION LUTHERAN CHURCH 7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org✴

How Kids Can Eat Well On \$4 A Day

The Junior League of Fort Myers, Inc.'s Kids in The Kitchen committee recently held a couponing and healthy eating class at The Salvation Army for a group of girls from SIYA (Support Independent Young Adults). The girls ranged from 13 to 18 years.

Girls were taught about nutrition, how to flavor water, how to eat well on a budget, and to utilize strategies for couponing. A cookbook called *Good and Cheap* was given to each girl and provides a great source of information for eating well on a \$4-a-day budget.

The budget plan includes supermarket strategies, groceries that one won't regret buying and information on how to use foods in multiple ways. For each copy of the book that was purchased, the company donated another book to someone in need.

The girls were asked to make a grocery list of what foods they thought they could purchase for \$30. At the end of class, the girls went on a trip to Publix to spend their \$30 gift cards. They also utilized reusable grocery bags, which they were given to take home.

Since 2001, the Junior Leagues' Kids in the Kitchen initiative and others like it are now active in 200 locations around the world. It provides lessons and demonstrations in the preparation of healthy meals and snacks in partnership with local organizations, chefs and nutritionists to help reverse the increased rate of childhood obesity and its associated health issues. Events are held four times a year.

Since 1966, the Junior League of Fort Myers has contributed more than one million volunteer hours to community projects and programs.

A member of the Association of Junior Leagues International, Inc., the Junior League of Fort Myers, Inc. is a 501(c)(3) nonprofit organization founded in 1966 and made up of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. The JLFM is also a granting organization, providing mini-grants to organizations throughout Southwest Florida's five-county area to programs that create better life outcomes for the area's youth. JLFM memberships are open to all women aged 21 and older of all races, religions and national origin who demonstrate an interest in and commitment to voluntarism.

For more information, call 277-1197 or visit www.jlfm.org.



A session during Kids in the Kitchen



Youngsters learn how to eat well on a budget



Making grocery lists



Junior League Fort Myers Kids in the Kitchen participants ready to shop at Publix

Lighthouse Names 2015-16 Board

The Lighthouse of SWFL announced new and returning board members for the 2015-16 fiscal year. Officers include President Christy Skinner, executive director of The Palms of Fort Myers; Vice President Brian Sykes, district sales manager for Nurse On Call Homecare; Secretary Esty Teeter, vice president at SunTrust Bank; and Treasurer Stephen E. Smith, M.D., founder of Eye Associates of Fort Myers and Naples.

Directors at Large for the new board include Jay S. Rosen, O.D., FAO at Snead Cataract; Julio Barina, CPA with Markham, Norton, Mosteller, Wright & Company, PA; Glenn A. Sabatka, retired CEO of the Radio Reading Service at WGPU Public Media; Roberto M. Arreola with Prudential Insurance Company of America and Evan Connell, Analyst II with the Lee County Sheriff's Office Intelligence Unit.

Lighthouse of SWFL is a United Way Partner agency with a mission to enable people of all ages living with a visual impairment or blindness to remain independent, active and productive in society. For more information, visit www.lighthousewfl.org or call 997-7797.



Paradise Coastmen Chorus

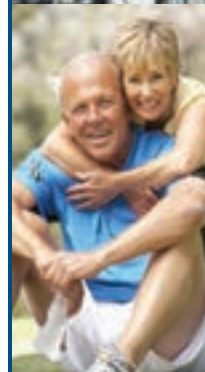
St. Peter Lutheran Christmas Concert

The Paradise Coastmen Chorus will present their annual Christmas Concert on Tuesday, December 1 beginning at 7 p.m. at St. Peter Lutheran Church. The program by the 20-voice ensemble is a festive evening of holiday favorites in their wonderful four-part barbershop harmonies. The popular group has been entertaining Southwest Florida audiences for over 40 years. Doors open at 6:30 p.m. Admission is free; donations will be accepted. St. Peter Lutheran Church is located at 3751 Estero Boulevard in Fort Myers Beach. Call 463-4251 for more information.

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join the
MILLION MILE MOVEMENT
an initiative of **HealthyLee**
CHOOSE.COMMIT.CHANGE!

October 1 - December 29

The journey of a million miles begins with a single step...

Take a step toward healthier living by joining Healthy Lee's Million Mile Movement! We're challenging Lee County to get more active by moving 1,000,000 miles in 90 days.

Whether you're walking, running, biking or swimming, register for this community-wide challenge for **FREE** at www.HealthyLee.com and begin logging your "movement" today.

Be part of the Million Mile Movement!

- WHO?** Lee County residents of all ages and fitness levels can participate as an individual or as a group
- WHAT?** Any form of movement qualifies, walking, running, biking, swimming and even weight training
- HOW?** Register at www.HealthyLee.com and on Oct. 1, start logging your miles on the Challenge Portal, powered by Fit Nation

The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com

Low Tides Of Winter Have Begun



by Capt. Matt Mitchell

Snook, gag grouper, redfish and trout were just a few of the species bending clients' rods this week. Calm days and good moving water had fish of all varieties chewing.

The easy-to-catch abundance of perfect sized shiners out on the flats really helped make my job much easier than it has been.

Anchoring up in deeper mangrove channels was a good choice during the morning low tides. The low water we experienced this week was as low as we have seen since last winter and did wonders to bunch up the fish. Lightly live

chumming these natural deep channels just kept the activity building and building with many different species of fish taking part in the fun.

What would start off as ladyfish and jack bite would switch to snook and redfish and then even a few keeper-sized gag grouper and flounder would get in on the action too. Hooking into several big fish that just could not be turned before making it to the structure and parting ways was also part of the game. One such channel kept my anglers busy for over two hours before the tide got too high and the action slowed.

With our fish not quite all the way back in the sheltered mangrove creeks of winter yet due to the unseasonably warm water temperatures, open water channels through shallow grass flats and mangrove creek mouths have been the better areas to concentrate your fishing efforts. Shorelines and channels in the four- to six-foot range during the lowest tide periods that have good tide movement are what you're looking for. Find the right shoreline or channel with wind and tide moving in the same direction and you have probably nailed it. Free-lined shiners



Chris Karns of Colorado with a 32-inch snook caught on an oyster bar while fishing with Capt. Matt Mitchell this week

were the bait of choice and live chumming certainly helped to get these fish in the eating mood.

Once the tide started to get up, I would switch gears and move to the oyster bars in the middle sound. Just like fishing the channels and deeper shorelines, finding the right oyster bar where the wind and tide were moving together was the perfect set-up to make all the difference in the world.

The biggest snook of the week was caught by Chris Karns, a long-time client from Colorado, while fishing these oyster bars and the potholes around them. These same bars also held lots of bigger jacks, mangrove snapper and trout larger

than the ones I have been catching out on the flats.

Grass flats in the Demere Key area of the sound were another good choice to find some open water action. Spanish mackerel, trout, ladyfish, jacks, blue runners, small gag grouper and even a few black sea bass were just a few of the awesome mixed bag species caught while fishing with popping cork rigs baited with shiners and shrimp. When the bite really got going we would switch it up to throwing soft plastic jigs.

When I have clients on board wanting non-stop action or to start a charter off with something crazy and fast-paced, this has been the place to go. The water in the middle to northern sound is clean, clear and just loaded with fish of all kinds.

November 15 marked the end of the manatee speed zones in Pine Island sound. Anglers now have access to waters that have been basically closed since April. Many of these controlled areas contain pristine grass flats, mangrove shorelines and outstanding fishing opportunities. Being able to access these areas again is a painful reminder of how good we used to have it before our public water access and fishing rights were taken away and then polluted.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✱

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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Dave Doane

CROW Case Of The Week:

Yellow-Billed Cuckoo



by Patricia Molloy

The yellow-billed cuckoo (*Coccyzus americanus*) can often be heard on hot, humid days in overgrown orchards, woodlands and marshes. Sometimes called a "rain crow,"

its stuttering, croaking calls are said to sound like a desperate call for rain. While common in most areas of the eastern U.S., they are difficult to observe due to their habit of remaining in dense foliage.

A severely injured yellow-billed cuckoo was brought to CROW after being rescued by a good Samaritan from the side of a road. The little bird had injuries consistent with a car collision – labored breathing, missing feathers, an open wound on its left elbow and swelling in several areas of its body. The cuckoo was admitted as patient #15-3182.

"He was really bad when he came in. I thought he might die in the middle of the night," said Melissa Fox, CVT, veterinary assistant. "But he was up and hopping around his cage (the next day)."

"Initially we just stabilized him with oxygen and supportive care," said Dr. Molly. "He also had blood coming from his mouth and the wound on the left elbow was pretty deep. He got some supportive fluids and a nonsteroidal anti-inflammatory. He seems a little more alert."

Of all the injuries, the one that is most concerning is the one to the cuckoo's left eye. "I'm still not sure if he's visual in that eye, because it's still very swollen," Dr. Molly continued. "The right eye is completely visual. We anaesthetized him (the second day) for radiographs and bloodwork, and the radiographs looked fine. The wound on his elbow looks like it is going to heal, but all of his secondaries (feathers) are gone on that side. But the primaries still look good. I didn't see him when he came in, but the fact that the swelling is persistent is odd."

Even if one does not have the pleasure of observing the yellow-billed cuckoo, it is important that we protect the species. Population numbers of these small birds rise and fall with local insect outbreaks, and they are essential at keeping bug infestations at bay.

According to Dr. Heather, hospital director, cuckoos are particularly fond of one of the insect world's least desirable creatures – the cockroach. "Usually, cuckoos will eat cockroaches right off the tongue for me. And the grackles really love the roaches, too. Grackles and cuckoos – those are the two birds that love the roaches!"

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for



The yellow-billed cuckoo, patient #15-3182, was rescued by a good Samaritan from the side of a road. Its injuries are consistent with being hit by a car.

native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5

p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.✱

SFWMD Supports Big Cypress Flood Control, Water Resource Projects

Continuing its commitment to Big Cypress Basin communities, the South Florida Water Management District (SFWMD) has approved the investment of approximately \$2 million to help fund projects that will enhance local flood protection, expand water storage and improve water quality. The SFWMD's Big Cypress Basin Board previously reviewed and recommended the projects for approval.

"For nearly a decade, the District has supported community projects to improve water quality and flood control in the Big Cypress Basin," said Rick Barber, Big Cypress Basin Board chairman and SFWMD Governing Board member. "These partnerships are an essential tool to accomplish the goal of protecting South Florida's water resources."

The funded projects in Collier County include:

- Lely Area Stormwater Improvements (\$937,500)—The project will improve the existing flood control system as well as improve water quality, re-establish a historic flowway and enhance adjacent wetlands in an 11,135-acre basin of East Naples.
- The work will also improve the timing and distribution of fresh water entering the Rookery Bay National Estuarine Research Reserve, a 110,000-acre mangrove estuary.
- The District has invested approximately \$6.7 million in this effort to date, and approximately 80 percent of the proposed project has been completed.
- City of Naples (\$400,000)—The project will increase the availability of reclaimed water within the city and offset the demand on traditional water sources by approximately 1 million gallons per day (MGD). This year's investment will help construct an Aquifer Storage and Recovery (ASR) well.
- City of Naples Reclaimed Water System Expansion (\$680,000)—The project will increase the availability of reclaimed water within the city while offsetting the demand of traditional water sources by approximately 0.26 MGD.
- City of Marco Island (\$63,000) —Drainage improvements for the Bald Eagle/Bayport and Tahiti areas with the city will improve flood control in the area.✱

Sunset Music Cruises In Naples And Fort Myers

Pure Florida will offer Sunset Music Cruises on Friday, November 27 at 4:30 p.m. departing from its Naples and Fort Myers locations. The 90-minute excursions will take passengers on a relaxing cruise featuring a live musical

performance and the stunning Southwest Florida sunset.

Passengers cruising from Pure Florida's Naples location will travel along the Gordon River and Naples coastline as the sun begins to set over the Gulf of Mexico. Aboard the *M/V Double Sunshine*, guests will have the opportunity to enjoy the breathtaking scenery while listening to live music by Jennifer "Golden Note" Gilmore.

Guests visiting Pure Florida's Fort Myers location will cruise aboard the *M/V Edison Explorer*, drifting along the Caloosahatchee River. Guests will have the opportunity to explore the evening scenery of downtown Fort Myers on the water and the beautiful bird rookery accompanied by live music.

Aboard the vessel, guests are invited to relax, have a drink and enjoy the beauty of the natural surroundings, showcasing the unique wildlife native to Southwest Florida. Beer, wine, soft drinks and snacks will be available for purchase on-board. Once out to sea, the captain will stop the vessel as the sun begins to set so that guests can enjoy the famed Southwest Florida sunset and take advantage of this premier photo opportunity. Once the sun has dropped below the horizon, the vessel will begin its return voyage, providing the opportunity for guests to enjoy the rich colors in the sky and twinkling evening lights on the river, set to the tune of the evening's musical performance. Upon returning to the Pure Florida dock, guests can conclude their experience by exploring the local shops and restaurants of Tin City or downtown Fort Myers.

The *M/V Double Sunshine* departs from the historic Tin City, located at 1200 Fifth Avenue South in Naples and the *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers. Reservations are required. For pricing and registration for the Sunset Music Cruises, contact Pure Florida's Naples location at 263-4949 or Fort Myers location at 919-2965. For more information, visit www.PureFL.com.✱



Pure Florida's Naples and Fort Myers locations will offer a Sunset Music Cruise on November 27

Plant Smart

Talipot Palm

by Gerri Reaves

We in South Florida have the delight of seeing inflorescences, or flower stalks, on a variety of palm species throughout the year. Most palms flower on a regular basis and even more than one time per year, thus increasing their chances for reproduction.

But palms of the genus *Corypha*, such as the talipot palm (*Corypha umbraculifera*) are dramatic exceptions.

The talipot palm, also called fan palm and mountain palm, is native to Southeast Asia and Australia. This drought-tolerant species is not common in this area, although it will do well in suitable conditions, which include sun and moist but well-drained soil.

Reaching up to 100 feet high with a trunk diameter of more than a yard in its native habitat, the talipot can grow to be one of the largest palm species in the world.

The fan-shaped leaves can reach a whopping 21 feet across. The term *umbraculifera* is part of the tree's name because the leaves are used to make umbrellas – and, they are large enough to shelter 10 people from the rain.

Those long leaf stems are armed with daunting thorns.

Sometime between 30 and 80 years old, the tree produces the largest inflorescence in the plant kingdom.

After waiting until conditions are optimal for reproduction the tree makes one spectacular reproductive effort.

That will be the one and only time the tree flowers.



Non-native talipot palm is a large-scale species that produces an inflorescence only once, at the end of its lifecycle

photos by Gerri Reaves

On a large tree, the inflorescence at the top of the stem contains as many as 24 million flowers and can be 25 feet long.

The round yellow-green or greenish brown fruit takes about a year to mature. Each fruit contains only one seed.

As the fruit grow, the inflorescence begins to resemble a Christmas tree bedecked with green ornaments.

After fruit-bearing, the leaves beneath the flowers fall away, and the tree soon dies.

In the wild, talipot palms grow in stands, where all the trees simultaneously experience the reproductive and dying



The leaf stalks are armed with thorns

cycle and leave behind millions of seeds on the ground.

Aside from its remarkable reproductive habit, this palm has practical and commercial uses, too. The fruit is an edible starch and has been used to stun fish. Beads and buttons are made with the seeds, wine from the sap, and thatch from the huge leaves.

A cautionary note: The tree is one of several reported to host the red palm mite, a serious pest threat in the Caribbean Region, including South Florida.

Sources: freshfromflorida.com, lflife.com, miamiherald.com and palmmedia.net.

Plant Smart explores the diverse flora of South Florida.✴

New Year Coastal Clean-Up

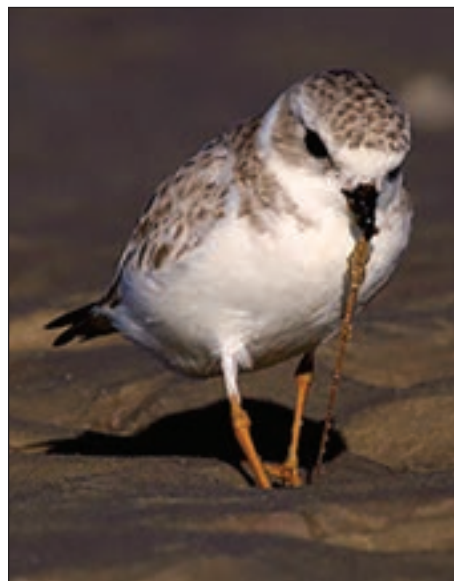
Start the new year off clean. A Coastal Clean-Up event has been scheduled for Saturday, January 2 through Lee County's Fish36, Inc.

Lee County's Fish36 has arranged for Diversified Yacht Services on Fort Myers Beach to offer its property and docks for an event where participants gather coastal trash by boat. Items found are brought in by boat to the Fort Myers Beach facility between 10 a.m. and noon, where there will be free Jet's Pizza, soft drinks and a prize raffle. There is no registration requirements or fee to participate. Raffle prizes have been donated by local restaurants and fishing supply stores, and lunch is offered by Jet's Pizza of Cape Coral. Fish36 will provide water and sodas for free.

Fish36 is a locally-owned 501(c)(3) presented by Fort Myers Marine and hosted by the Nautical Mile. Money is raised annually through various events and sponsorships to help fund activities and clubs in our local marine community. The main annual event is a fishing scavenger hunt held at Cape Harbour in June. Hundreds of people target 36 different species of local fish in 36 hours. Pictures of fish earn raffle tickets in a raffle valued over \$25,000. Participation for this event reached max-capacity on its first year, including food from seven local restaurants.

For more information, contact Jim Griffiths at 980-5803 or thenauticalmile@gmail.com, or visit www.Fish36.org.✴

Email editorial copy to: press@riverweekly.com



Piping plover photo by Meg Rousher

Bird Patrol Guided Tours In December

All are welcome to take part in a nature walk with a bird patrol guide on Saturday, December 5,



A little blue heron landed right in front of Meg Rousher on a bird patrol walk

photo by Meg Rousher

8 a.m., at Lakes Regional Park, 7330 Gladiolus Drive in Fort Myers. Meet at Shelter A7. Enter the Lakes Park gate from Gladiolus. Turn right. Drive to the end of the road, continue through the parking lot. Shelter A7 is located near the train station.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars.

For more information, call 533-7580 or 533-7576.

On Saturday, December 12, experience the beautiful birds of Bunche Beach with a bird patrol guide at 10 a.m. Meet on the beach, located in south Fort Myers, off Summerlin Road. Drive south of John Morris Road until it deadends.

Bunche Beach is an excellent viewing spot for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. You may also see waterfowl, raptors and warblers.

For more information, call 707-3015.

This tour is free with parking fee of \$2 per hour (tour is approximately two hours). Restrooms are available at the first parking lot. Bring binoculars, sun protection, shoes that can get wet and a bottle of water.

These tours are provided in cooperation with Lee County Parks and Recreation.✴

Shell Factory Adds Rock Climbing Wall

The Shell Factory & Nature Park continues to expand its family fun attractions by introducing a new vertical rock climbing wall. The wall is located at the newly-renovated Fun Park. Especially designed for children 12 and under, it will complement the other fun attractions such as The Soaring Eagle Zip Line and new trampolines. Old favorites such as miniature golf, bumper and paddle boats, Mining Rig and Water Wars provide a fun afternoon for all ages.

Upcoming holiday and special events at The Shell Factory include visits with Santa, Black Friday (at the retail store), Holidays at The Shell Factory, Fossil Fest, Gumbo Fest, Golden Fest (Golden Retriever rescue event), Easter celebration and St. Patrick's Day.

The Shell Factory is located in North Fort Myers four miles north of the Caloosahatchee River on Highway 41. Visit www.shellfactory.com for more information.✴

Cruise To Matlacha Island



Pure Florida's Discover Matlacha Island Cruise will take passengers aboard the *M/V Edison Explorer* on November 21

Pure Florida invites guests aboard the *M/V Edison Explorer* to Discover Matlacha Island during a special cruise to Pine Island on Saturday, November 21 from 8 a.m. to 3 p.m. The day begins with a narrated cruise along the Caloosahatchee River and includes a guided tour of Matlacha Island. An old Florida fishing village, Matlacha Island is considered a "hidden gem" and is home to brightly-colored art galleries, island boutiques, seafood restaurants and more.

During the Discover Matlacha Island Cruise excursion, guests will have the opportunity to experience the natural beauty of Southwest Florida along the Caloosahatchee River and on the island of Matlacha. Upon arriving to the island, guests will be taken on a Taste of Matlacha Walking Tour – guided by True Tours – learning about the island's unique history and enjoying a sampling of signature delicacies. Upon conclusion of the tour, guests may enjoy lunch at their leisure and visit the nearby shops and galleries. Local attractions include the Lovegrove Gallery & Gardens, where guests can



Pure Florida's Discover Matlacha Island Cruise excursion allows guests to explore nearby shops and galleries on the island of Matlacha, including the Lovegrove Gallery & Gardens

tour the whimsical gardens and meet well-known Matlacha artist Leoma Lovegrove. Following exploration, passengers can enjoy a peaceful return cruise on the *M/V Edison Explorer*.

Discover Matlacha Island Cruise tours are guided by Coast Guard-certified captains, also master naturalists, and highlight the history of the Caloosahatchee River and Matlacha Island. Registration for the tour is \$64 per person. Lunch can be included for an additional charge of \$16 per person. The *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers.

A complimentary bottle of water will be provided, and additional refreshments are available for purchase. Passengers are welcome to bring snacks aboard. Reservations are required. For more information, or to book your ticket, call 919-2965, email FortMyers@PureFL.com or visit www.PureFL.com. ✨

United Way Needs Tax-Time Volunteers

The United Way is seeking volunteers in Lee, Hendry, Charlotte, and Collier counties to help lower to moderate income taxpayers file their federal income taxes for free through the United Way Volunteer Income Tax Assistance Program (VITA).

United Way VITA volunteers make a real difference in the lives of people in the local community. Volunteers have helped families get back the money they have earned and become more financially stable.

The United Way is currently recruiting volunteers to serve as tax preparers, greeters and interpreters. Volunteers will complete a free online tax law training and certification using IRS tax software.

Both English speakers and bilingual volunteers are needed. No experience is necessary. Flexible hours are available late January through mid-April. Taxes will be prepared at multiple locations in Lee, Hendry, Charlotte, and Collier counties.

For more information, contact Stephanie Harrison at 433-2000 ext. 229 or visit www.unitedwaylee.org/vita/

Last year over \$4.2 million was returned to local taxpayers through the United Way VITA program. For some families, their tax returns were large enough to help them stay in their homes instead of losing them to foreclosure or being evicted. In addition, United Way



A VITA volunteer helps with a tax return

VITA clients saved the cost of basic tax preparation by a commercial service.

In addition to raising funds for human service organizations in the community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives.

For more information please call United Way of Lee, Hendry, Glades and Okeechobee at 433-2000 or visit www.UnitedWayLee.org. ✨



Youngsters take part in a camp performance

From page 1

Winter Arts Camp

the state designated Local Arts Agency for Lee County. The Alliance galleries and gift shop are open from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays, located at 10091 McGregor Boulevard just south of Colonial Boulevard, Fort Myers. ✨



Song and dance routine

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American Sand Sculpting Championship Returns To Beach

The 29th Annual American Sand Sculpting Championship presented by the Seminole Casino Hotel has announced its final list of competing sculptors today with the event set to return to Fort Myers Beach beginning on Friday, November 20 and running through Sunday, November 29.

This year sculptors represent four different countries, over ten states and collectively hold over 300 competition medals with many of them World Champions. There will be sixteen Solo Master Sculptors, ten Doubles Master Sculptors (five teams) all plying their craft and showcasing their artistry in what *USA Today* and CNN Travel have named a must see and one of the 10 best sand sculpting competitions in the world.

Participating Master Sculptors will be "Amazin" (Walter) McDonald of South Padre Island, Texas; Melineige Beauregard of Quebec, Canada; Morgan Rudluff of Santa Cruz, California; Abe Waterman of Prince Edward Island, Canada; Todd Pangborn of Jamestown, New York; Joris Kivits of Portugal; Delayne Corbett of Canada; Lucinda "Sandy Feet" Wierenga of South Padre Island, Texas; Greg Grady Jr. of Hampton Beach, New Hampshire; Brian Turnbough of Chicago, Illinois; Edith Van De Wetering of Katwijk, Netherlands; Wilfred Stijger of Katwijk, Netherlands; Bruce Phillips of San Diego, California; Steve Topazio of Tiverton, Rhode Island; Craig Mutch of White Rock, British Columbia, Canada; and Sandi "Castle" Stirling of Dundas, Ontario Canada.

Big C Events, Pinchers, the Wyndham Garden Hotel on Fort Myers Beach and The Sand Lovers, all of which have been involved in other successful sand sculpting events including the World Championships of Sand Sculpting, will once again manage the event in coordination with the Greater Fort Myers Beach Chamber of Commerce and various local charity benefactors.

Returning for the third year will be The Sand Shuffle. The Sand Shuffle brings the sand and artistry of Master Sculptor Melineige Beauregard to four locations around Southwest Florida including the Seminole Casino Hotel, The Edison & Ford Estates, the Marina at Edison Ford and the Wyndham Garden Hotel on Fort Myers Beach. The Sand Shuffle allows guests to visit, photograph and share the sculptures socially through their own social media outlets as well as the event's Facebook and Instagram pages. Additionally, guests will be able to pick up an event guide with a Sand Shuffle Passport

and get stamps at the locations where sculptures reside for a chance at great prizes.

Guests are welcome to attend the Sand Sculpting event daily from November 20 to 29.

There will be many interactive activities for guests to partake in including:

- More than 40 Sand Sculptures – View over 40 sand sculptures, more than 1,000 tons of beach sand will be sculpted, including one huge 350 ton sand sculpture
- Quick Sand Speed Sand Sculpting - An audience-participation show in which two sculptors go head-to-head for a ten-minute sculpting competition, sculpting a subject selected by someone in the audience. The winner of each round advances to championship rounds based on audience applause.
- Photo Opportunity Sculptures – Designed so you can step into the sculpture, become a part of it and have your photo taken. You can also have the sculpture customized by carving family names, dates and just about anything into the sculpture to make it your very own - family vacation photo, Christmas card, souvenir, postcard, etc.
- Kids Zone – An area where the kids can practice building their own sand sculptures as well as numerous kid's activities.
- Sand Sculpting Demonstrations and Lessons – Learn the Tricks of Master Sculptors.
- Amateur Contest – Open to anyone and all levels of sculptors.
- State Championships – This is a competition where an advanced amateur sand sculptor can prove their abilities and get one step closer to being accepted as a Master Sculptor.

• Sand Vendor Village – More than 50 vendors from around the country will be offering a great selection of food, beverages, specialty retail and arts and crafts.

Admission is just \$5 with children four and under free. Both active and retired military veterans can attend the event any day and receive a \$1 off with military ID. Family 4-Packs (two adults and two children 5 and over) will also be available at the main entrance for \$16. Discount coupons are also available from local participating 7-11 locations at their front counters. For more information, visit www.FMBSandSculpting.com or the event's Facebook page at www.facebook.com/SandSculptingFestival.

The 29th annual American Sand Sculpting Competition will once again be held at the Wyndham Garden Hotel, located at 6890 Estero Boulevard on Fort Myers Beach. Attendees are encouraged to arrive from the south in order to avoid traffic congestion. Event directors have coordinated a revolving bus system to transport attendees from the Lover's Key parking area to the site.*



Bayard Horn - Best of Show

AOI Announces Art Show Winners

Original artwork by 30 local artists exhibiting in the Arts of the Inland (AOI) Perceptions Art Show running from November 5 through November 29 was judged by renowned artist Peter Garon. Awards were presented at the art show reception held November 5 at the AOI Barron Park House Gallery, 471 N. Lee Street in LaBelle.

The following received monetary and ribbon awards: Best of Show winner was Bayard Horn of Fort Myers for his oil painting "Untitled 20151." First Place winner was Donna Thewlis from Lehigh for her minerals fired on porcelain piece "Faces of Mental Health #2." Second Place winner was Kelly Bradshaw of LaBelle for her acrylic painting "Golfers in the Mist." Jeffrey Dodd of Lehigh won 3rd Place for his photograph on aluminum "Dodd Creek."



Donna Thewlis - 1st Place

Honorable mention ribbons went to: Cecelia Burnett of Fort Myers for her acrylic painting "Reaching;" Penny Fox of Lehigh for her watercolor "Girl Talk" and Jose Sauz Teniente of LaBelle for his metal etching "Cultura Azteca."

Live entertainment was provided by flutist Megan Burkhead, while a silent auction raised funds for the Arts of the Inland and their mission to facilitate and nurture the creation, development, promotion and education of arts and culture in the inland communities of south Florida.

Special thanks to City of LaBelle, LaBelle Downtown Revitalization Corp., and the following supporters of the Arts of the Inland: Lehigh Regional Medical Center, Paula & Richard Carnell, Southern Heritage Real Estate & Investments, Landex Resorts, Lehigh Acres Jaycee Foundation, Lehigh Acres Kiwanis Club, Linda Ray Corbitt, Family Eye Care, Lehigh General & Implant Dentistry, Majestic Golf Club, China Star Restaurant, and ABC Framing.

Arts of the Inland is a 501(c)3, nonprofit, public charity. For further information contact artsinland@gmail.com or 239-303-5849.*



Kelly Bradshaw - 2nd Place



Jeff Dodd - 3rd Place



Guests at a previous show

Entries Sought For High School Art Competition

Now is the time for high school students to submit their entry forms for participation in Art Under 20, Southwest Florida's largest high school art competition. Art Under 20 is a visual art exhibit and competition open to all Lee County high school students, who reveal their work at ArtFest Fort Myers as they compete for \$7,100 in cash awards. Awards are given to the best student artists in six categories: Digital,

Drawing, Painting, Photography, 3-D and Mixed Media.

ArtFest Fort Myers created this week-end exhibit and competition to encourage students in their pursuit of art and to promote community support of art programs in schools. Kristin Woolam, Art Under 20 chairwoman said, "Each year, hundreds of students exhibit their marvelous artwork in a gallery style tent to thousands of family members, teachers, friends and 85,000 admiring art festival attendees."

All Lee County high school students (public, private and home-schooled) are invited to participate in Art Under 20, showcasing artwork created exclusively by them. Entry forms and more information are available through all Lee

County high school art departments or at ArtFestFortMyers.com. Application deadline for the 2016 exhibit and competition is December 4.

ArtFest Fort Myers takes place February 5, 6 and 7 in the Fort Myers River District.

Dodd Named November Artist Of The Month

Artist Jeff Dodd's work is on display through the month of November at the AOI Gallery at Lehigh Regional Medical Center Café, located at 1500 Lee Boulevard in Lehigh Acres, from 7 a.m. to 5 p.m. Monday through Friday.

A photographer who lives in Lehigh Acres, Dodd has been a hobbyist photographer since high school and has always enjoyed involving photography with many of his hobbies. Being an avid backpacker and hiker, he has always been drawn to landscape photography. He is a member of the Arts of the Inland and recently won third place in the AOI Perceptions Art Show for his photograph, *Dodd Creek*. He was also an Honorable Mention award winner in the 2014 Perceptions Art Show with his photograph, *Baldy View*.

Arts of the Inland members should contact AOI member Donna Thewlis, gallery manager, at 339-7265 for information



Jeff Dodd

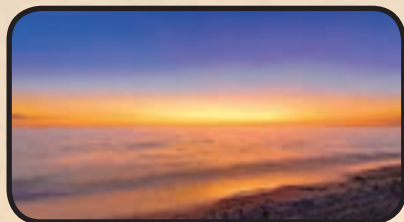
on participating in this program at Lehigh Regional. The featured artist of the month is brought to you by Arts of the Inland and the Lehigh Regional Medical Center. For further information, email artsinland@gmail.com or call 303-5849.



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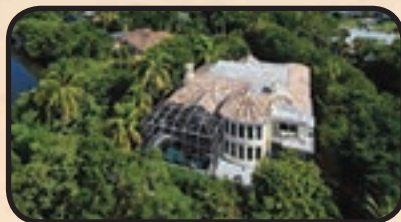


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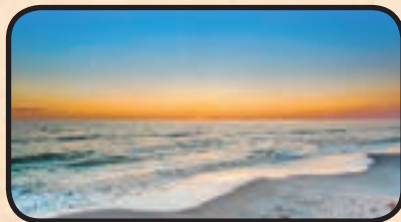


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Cape Coral Library Art Exhibit Opening In December

A Retrospective Show of oil paintings by local artist Pat Cleveland will be on exhibit from December 1 to 30 in the art gallery of the Cape Coral Library, located at 921 SW 39th Terrace. The exhibit will offer a view of the artist's work during earlier years when her vision was normal as well as her more recent work, created while legally blind due to macular degeneration. The changes in her eyesight correspond to her transition from detailed, realistic images to more impressionistic and abstract paintings, with a bolder color palette. This exhibit will include a wide variety of subjects: landscapes, animals, still life, florals and portraits. Cleveland graduated from the Traphagen School of Design in New York City and was an interior designer with Bloomingdale's in New Jersey and later with Robb and Stucky in Fort Myers. She has been exhibiting her fine art paintings locally in juried solo and group shows since 1981, receiving numerous awards and recognition. Her work has been represented by galleries throughout Florida and is part of many private collections, including those of several celebrities. Cleveland has had success in her artistic career and likes to give back to the



Amber Hibiscus by Pat Cleveland

community. For the past 26 years, she has donated a painting annually to the Abuse Counseling and Treatment Center (ACT) of Fort Myers auction. This year, she also donated two large paintings (one of a panther and another of a Florida black bear) to The Conservancy of Southwest Florida to help raise funds for the protection and preservation of native wildlife. Visit her website at www.pat-cleveland.com for more information.

Creations by the Mini De-lights will also be on exhibit during the month of December in the library's art gallery. The Mini De-lights, who wowed visitors to the library's gallery last year, will be back this time with Christmas and winter holiday displays in the gallery cases. The Mini De-lights is a group of miniaturists that meet monthly in Fort Myers. Enthusiasm for the hobby is evident on their website, www.minidelights.webs.com. The website notes, "Miniatures are addictive! Like potato chips you can't just stop at one!" Their creations involve various aspects such as woodwork, polymer clay, fabric, cross-stitch and paper crafts.

Cleveland will be joined by members of the Mini De-lights miniature club for an artists reception at the library in the small conference room near the gallery. The reception will be held on Saturday, December 12 from 12:30 to 2:30 p.m. There will be light refreshments. The reception is free, and all are welcome. No reservations are required. For more information, call Monica Rahman of the Friends of the Cape Coral Library at 258-2991.✧



Tulips, Orange Fields by Pat Cleveland

Beach Art Association Fall Member Judged Art Show

The fall member art show of the Fort Myers Beach Art Association (FMBAA) takes place November 16 through December 10 in Studio 1 with free admission to the public during gallery hours.

On November 14, Studio 2 opened a new show featuring works from FMBAA artists and friends who travelled to paint in Sedona in April and Limoux, France in August. The scenery was spectacular as are the plein air paintings.

Both shows will be celebrated on Sunday, November 22 through a gallery talk given by Neil Walling, Mary Chaikowsky and Helma Gansen at 1 p.m. and a reception hosted by Red Coconut at 2:15 p.m. A reception and awards ceremony is scheduled for 2:15 to 3:30 p.m., following the gallery talk.

The newly refurbished website features classes and workshops scheduled to begin in November. Visit <http://www.fortmyersbeachart.com/workshops.php> and <http://www.fortmyersbeachart.com/classes.php>.

For more information, send e-mails to the art association publicity chair Pam Flaherty at fmbaapublicity@gmail.com or stop by the Fort Myers Beach Art Association gallery located on Donora Boulevard, one mile south of the Matanzas Bridge. Call 463-3909. The gallery is open daily through mid-April, Monday to Saturday from 10 a.m. to 3 p.m. and on Sunday noon to 3 p.m. Visit the website for updates at www.fortmyersbeachart.com.✧



Landscape by Neil Walling



Cityscape by Neil Walling



The cast of Plaid Tidings

From page 1

Holiday Show

Sunday evenings with selected matinees. Tickets are \$33 to \$53 with group discounts available for parties of 20 or more.

Tickets can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.✧



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Symphony Appoints Three New Musicians For Season



Troy Chang



Dilyana Tsenov

The Southwest Florida Symphony recently welcomed three new musicians to its roster this season; two violinist and for the first time since 2002, a permanent principal cellist. All Southwest Florida Symphony orchestra members are hired through a highly competitive and strictly regulated blind audition process, judged by the orchestra's music director, Maestro Nir Kabaretti and panel of five additional Southwest Florida Symphony musicians. Audition candidates travel from around the country for the opportunity to be awarded a position with the orchestra.

Principal Cello: Troy Chang

A native of Concord, Massachusetts, cellist Troy Chang is in demand in a wide array of musical settings; symphonic, operatic, chamber and solo performance. He joined the Sarasota Opera Orchestra in 2013 and was appointed the principal cello position with the Southwest Florida Symphony Orchestra in October of 2015. He served as Principal Cello for the Spoleto Festival USA Orchestra in Charleston, South Carolina and was a member of the Amazonas Filarmônica in Manaus, Brazil. He was on the cello and theory faculty at the Luzerne Music Center in Lake Luzerne, New York, where he also curated the Faculty Chamber Music Series. He currently spends his summers with the Artosphere Festival Orchestra in Fayetteville, Arkansas and as

Principal Cello with the Ash Lawn Opera Orchestra in Charlottesville, Virginia. On faculty at Florida Southern College in Lakeland, Florida, he resides in Tampa and performs regularly with Sarasota Orchestra and The Florida Orchestra. Chang plays on a modern Swiss cello by Michael Stürtzenhofecker and a 1920 Hippolyte Lamy bow.

Section Violin: Dilyana Tsenov

An exceptionally versatile musician, classically trained Bulgarian violinist Dilyana Tsenov has collaborated with artists of many different genres such as Kurt Masur, Pinchas Zukerman, Vadim Repin, Jean Yves Thibaud, Oscar D'Leon, Gloria Estefan and Diego Torres among many others. Major venues include Carnegie Hall, Avery Fisher Hall, Kennedy Center, Adrienne Arsht Center for the Performing Arts, The New World Center and Bulgaria Hall.

Tsenov enjoys a career as a freelance musician in the New York City and South Florida areas. She is a member of Florida Grand Opera, Palm Beach Symphony, Kravis Pops Orchestra, Southwest Florida Symphony and Tsenov Chamber Ensemble. In addition, Tsenov is the founder of one of America's leading entertainment companies: Vogue Music Events. She began her professional musical studies at the Lyubomir Pipkov National School of Music in Sofia, Bulgaria.

Section Violin: Fiona Black

A graduate of Shenandoah Conservatory in Winchester, Virginia, Fiona Black studied with Akemi Takayama while earning her master's degree and artist diploma in Violin Performance. She joins the Southwest Florida Symphony in the fall of 2015. Black currently substitutes with the Roanoke Symphony in Roanoke, Virginia and has performed with the Annapolis Symphony in Annapolis, Maryland, the Eroica Ensemble in Memphis, Tennessee and National String Symphonia in Rockville, Maryland. She was part of the Shenandoah Conservatory Symphony Orchestra that premiered Wynton Marsalis' Blues Symphony in February 2015 at Strathmore and she also served as concertmaster of the Shenandoah Conservatory Symphony Orchestra during her studies at Shenandoah Conservatory. Black began her musical journey in her hometown of Bolivar, Tennessee by playing the fiddle in a gospel bluegrass band with her siblings before she began classical violin studies. She currently lives and teaches private violin and fiddle lessons in Winchester, Virginia.

Additional violin auditions will be held in April. Specific dates, times, locations and repertoire will be announced nationally in January.*



Fiona Black

Kabaretti Performs With Choral Groups During Symphony's Season Opener



Maestro Nir Kabaretti with his wife, Gaja, and their family

The Southwest Florida Symphony, Lee County's professional orchestra and the one of oldest on Florida's gulf coast, struck artistic gold when it appointed internationally acclaimed Maestro Nir Kabaretti as its music director and

conductor. In addition to his wealth of experience conducting major orchestras across continents, his enthusiastic following in Santa Barbara where he enters his 10th season as its music director and his groundbreaking artistic vision, Maestro Kabaretti came to the symphony with a lovely and talented bonus package; his wife Gaja.

Operatically trained alto Gaja Kabaretti will perform as part of the Symphonic Chorale of Southwest Florida during its collaboration with the Southwest Florida Symphony on Saturday, November 21 at Masterworks I: *Carmina Burana* and Beethoven's *Pastoral Symphony*. This performance happens at Barbara B. Mann Performing Arts Hall at 8 p.m. Prior to the performance, at 7 p.m., patrons are invited to attend a conductor led pre-concert lecture. These lectures are offered in order to better educate audiences about the pieces being performed.

Tickets cost between \$24 and \$84 per person and may be purchased online at www.swfso.org, by visiting the Southwest Florida Symphony Box Office located at 8290 College Parkway, Suite 103 in Fort Myers, by calling the Symphony Box Office at 418-1500 or at the door, one and a half hours prior to the concert. Barbara B. Mann Performing Arts Hall, located at 13350 FSW Parkway in Fort Myers.*

From page 3

Garden Festival

Council, Four Sisters Foliage, George Gripenburg, Green Leaf Worm Farm, Hats of Madagascar, Rick Joyce, Judy's Jungle, Lee County Master Gardeners, Kathy Lockwood, Lisa McQueen, MW Horticulture Recycling, Peacock Cottage, Popcorn-Anthony's, Terri's Treasures, Twisted Acres, The Rege Malone, Tropiflora, True Lyes and Vegheads 4-H Club.

Also, on Saturday, November 21, the Fort Myers-Lee County Garden Council will conduct tours of the Berne Davis Gardens at 10 a.m. and noon. There will be a table with garden clubs and plant society information. Visitors are encouraged to bring their garden questions to Ask The Experts of the Lee County Master Gardeners.*

Ko And Park, World's Top Women Golfers, Vie For \$1.5 Million In Naples



by Ed Frank

The two best women golfers in the world, 18-year-old Lydia Ko and 27-year-old Inbee Park, lead the field in the richest tournament of the year in the season-ending CME Group Tour Championship this weekend at the Tiburon Golf Club in Naples.

You'll be missing some great golf if you don't watch this event where it's possible, and even likely, that one of these women will leave Naples Sunday \$1.5 million richer.

Here's the scenario:

The winner of the tournament itself will earn \$500,000. In addition, there is a \$1 million jackpot for capturing the Race to the CME Globe, a season-long points competition where Park and Ko are separated by only 500 points – Ko with 5,000 and Park with 4,500.

The winner of this weekend's tournament grabs 3,500 CME points.

Then just 17 years old, Ko pocketed the \$1.5 million last year in what was the largest purse in LPGA history.

Park and Ko arrived in Naples this week with unbelievably close records for the current season.

With her victory last Sunday at the Lorena Ochoa Invitational in Mexico City, Park claimed her fifth LPGA title of the year including two Majors, the Women's PGA and the Women's British Open.

Ko also won five times this year including the Evian Championship where her final round of 63 some say was the greatest round ever played in a women's Major. And remember she is just 18 years old.

She also tops the 2015 money list with \$2,758,417 in earnings, just ahead of Park's \$2,570,096. Ko also leads Park by just three points in the Rolex Player of the Year Award.

Now you can see why the stakes are so high this weekend.

While Ko and Park are the tournament favorites, American Stacy Lewis is in the hunt with 4,000 points. And there are six others statistically eligible to win the huge purse – Sei Young Kim, Lexi Thompson, So Yeon Ryu, Amy Yang, Anna Nordqvist



Lydia Ko



Inbee Park

and Shanshan Feng.

The four days of competition will be televised Thursday through Saturday from 4 to 6 p.m. on the Golf Channel with the final round Sunday on ABC from 2 to 4 p.m.

Winter's Hot Stove League Heats Up as Twins and Red Sox Make Moves

Dave Dombrowski, the new president of baseball operations for the Boston Red Sox, made his first major move last week when he acquired four-time All-Star closer Craig Kimbrel from the San Diego Padres for four prospects. They have Kimbrel, 27 years old, under contract for three years.

Koji Uehara, the Red Sox closer for the last three seasons, will move down to the eighth inning set-up role, according to Dombrowski.

The Twins, in a deal with the New York Yankees, traded former first-round draft pick Aaron Hicks in exchange for catcher John Ryan Murphy.

The trade fills a badly needed void on the Twins roster. Murphy will split time with Kurt Suzuki behind the plate.

The trade was somewhat of a surprise as Hicks, an outfielder, recently was voted the most improved player on the Twins team. However, Minnesota is stocked with outfielders.

The Twins also won the bid for Korean first-baseman Byung Ho Park.✱

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Basketball Tournament To Benefit Children's Hospital

Lee Memorial Health System Foundation is pleased to announce that proceeds from each ticket sold for the 3rd annual Gulf Coast Showcase – an NCAA Division I men's and women's basketball tournament set for November 23 to 29 at Germain Arena – will benefit Golisano Children's Hospital of Southwest Florida.

Tournament promoter bd Global has been working with Golisano Children's Hospital since mid-summer to develop the charitable partnership. According to bd Global President Brooks Downing, "We are proud to be able to support Golisano Children's Hospital as it continues to serve all of Southwest Florida with new facilities and additional care."

Funds donated through the tournament will be used to help build the new Golisano Children's Hospital of Southwest Florida building, currently under construction at HealthPark Medical Center in south Lee County. Set to open in 2017, the new facility will provide state-of-the-art, lifesaving and life-changing hospital care for children from across Southwest Florida.

Skip Leonard, chief foundation officer for Lee Memorial Health System Foundation, noted, "We really appreciate this charitable gesture by bd Global. This partnership will undoubtedly reap great rewards for our young patients now and in the years ahead." He added, "We look forward to helping promote future growth of the tournament and ask basketball fans to come out and take part in a great event benefiting a great cause."

Action on the hardwood begins Monday, November 23 when the men's tournament tips-off. Notable participants in the men's field include Murray State, Western Kentucky and Central Michigan while the women's tournament, starting on November 27, features Top 25 powers Louisville, Stanford, Dayton and LSU.

Great ticket and travel packages are available. Tickets are on-sale at GermainArena.com or through Ticketmaster. Single session ticket prices range from \$10 general admission seating to \$45 for courtside seats for each two-game session. All-Tournament passes for either the men's tournament or women's tournament will be available on that date for \$89 or \$139 per tournament. Each day of the tournament will feature an afternoon session (starts at noon for men's and 11 a.m. for women's) and evening session (starts at 6 p.m. for men's and 5 p.m. for women's) and tickets will be good for both games of a given session. All-session passes have been on sale since April and will continue to be available to fans.

For complete information, visit www.gulfcoastshowcase.com or follow on Twitter at @GCSshowcase.✱

Miami Dolphins Offering Free Youth Clinic For Boys And Girls

On behalf of the Miami Dolphins, Rotary Club of Fort Myers South invites area boys and girls ages 6 to 14 to attend a free youth football clinic 6 to 8 p.m. on Tuesday, December 8 at Fort Myers High School. Young athletes will be inspired by these generous NFL heroes and learn leadership and teamwork, while they work out like the pros.

This exciting event is offered as part of the 27th annual Rotary South All-Star Classic. The action-packed, three-day schedule includes an award banquet honoring Lee County's top football players and cheerleaders on December 7 and the highly anticipated All-Star Football Game on December 9.

The clinic is a grassroots Miami Dolphins program emphasizing education, physical fitness and positive choices for youth in a safe and fun environment. Former Dolphins players will encourage the children to become "DolFit" kids. The boys and girls will participate in real Dolphins drills featuring obstacle courses, hurdles, knock-away dummies, ladders and halfback pads.

Every participant in the clinic will receive a complimentary ticket to the Rotary South All-Star Classic football game on Wednesday, December 9 at 7:30 p.m. at Fort Myers High School. The All-Star Classic football game showcases the best senior players from across Lee County's public and private high school football teams in a north vs. south competition. Dolphins' alumni will attend the game and serve as honorary coaches.

To register your child for the youth clinic, visit <http://rotarysouthallstarclassic.org/youth-clinic/>.

Sanibel resident and football enthusiast John Carrigan founded the Rotary South All-Star Classic in 1989. This event was the first countywide organized football game in the state of Florida. Carrigan's vision of football paired with fundraising has continued since then under the continued leadership of Rotary South. Proceeds from the event are used to support college scholarships, as well as grants for local community organizations.

The Rotary Club of Fort Myers South is currently seeking donations and sponsors to help cover the cost of this annual event. Area businesses or individuals can sponsor the event, a team, player or cheerleader. There are also opportunities to advertise in the event program featuring the student athletes that are being honored.

For more information on sponsorship or ticket sales, contact Gerry Poppe at gerry.poppe@water.net or 939-6222.✱

School Smart

by Shelley M. Greggs, NCSP



Dear Shelley,
My child who is in second grade is struggling with social skills. He has a hard time recognizing emotions and understanding them in others. We home school him. Do you have any suggestions for me on how to teach him these skills?
Lucy G, Fort Myers

Lucy,

Social and emotional learning does not come naturally for many people, and sometimes we need to teach the skills that compromise emotional intelligence concretely. Typically, young children acquire and utilize their initial social skills mostly in the context of play and shared activities. Through play, they form

their first interpersonal interactions and develop important social skills related to empathy, cooperation, conflict resolution and self-control, which will be used throughout life to maintain healthy relationships with others. Many children do not have the opportunity to learn these skills for a variety of reasons, and that is why schools are adding social-emotional curriculums in their classrooms.

We know through research that when a school adopts a social-emotional curriculum everyone benefits. There is improved student behavior, reduced classroom disruptions and greater academic engagement and achievement. CASEL, a Collaborative for Academic, Social, and Emotional Learning, is dedicated to advancing the science and practice of school-based social and emotional learning has identified the core groups of skills needed for developing emotional intelligence. They are as follows:

Self-awareness – Accurately assessing one's feelings, interests, values and strengths; maintaining a well-grounded sense of self-confidence.

Self-management – Regulating one's

emotions to handle stress, control impulses and persevere in overcoming obstacles; setting and monitoring progress toward personal and academic goals; expressing emotions appropriately.

Social awareness – Being able to take the perspective of and empathize with others; recognizing and appreciating individual and group similarities and differences; recognizing and using family, school and community resources

Relationship skills – Establishing and maintaining healthy and rewarding relationships based on cooperation; resisting inappropriate social pressure; preventing, managing and resolving interpersonal conflict; seeking help when needed.

Responsible decision-making – Making decisions based on consideration of ethical standards, safety concerns, appropriate social norms, respect for others and likely consequences of various actions; applying decision-making skills to academic and social situations; contributing to the well-being of one's school and community.

There are hundreds of social and emotional learning curriculums to choose from when implementing this type of curriculum. I would suggest that you look at CASEL's Guide online at <https://casel.squarespace.com/s/2013-casel-guide.pdf> for information. They have rated numerous programs very carefully and have published their results in pdf form, online and at no cost to the public. It is a very thorough document that clearly identifies the pros and cons of many different curriculums. CASEL used numerous criteria in their evaluations of SEL programs including the requirement that the cur-

riculum was evidence-based with at least one carefully conducted evaluation that documents positive impacts on student behavior and/or academic performance.

You may also want to check with your local school to see if they are using a specific SEL program. It might be beneficial for you to know what they are teaching. Often times SEL curriculums use a unique vocabulary. If your son is socializing with the local school children it would help him to be able to use the same vocabulary as his peers.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Financial Focus

Start Your Own Investment 'Traditions'



by Jennifer Basey

Thanksgiving is just around the corner. And like all holidays, this one has plenty of traditions, such as Macy's Thanksgiving Day Parade (started in 1924) and football (the first broadcast

Thanksgiving Day game was played between the Detroit Lions and the Chicago Bears in 1934). Traditions are important, and you may want to establish some in one of the key activities of your own life: investing.

So, what sort of investment traditions could you start? Here are a few ideas:

- **Invest regularly.** By definition, engaging in a tradition means performing the same acts over and over. This type of behavior can impose discipline and consistency to your investing. For example, consider contributing the same amount of money each month to the same investments. When the price of these investments is down, your contribution will pay for more shares – in other words, you'll be "buying low," one of the key principals of investing. And when the price of your investments is up, you'll be a savvy enough investor to buy fewer shares. Over a long period, this technique can help lower the per-share price of your investments, but it does not guarantee a profit or protect against loss. To make it easier to follow through, you could set up monthly, automatic purchases of these investments from your checking or savings account.

- **Increase 401(k) contributions** when you get a raise. Why not make it a tradition to boost your contributions to your 401(k) or other employer-sponsored plan every time your salary increases? Your 401(k) is a great way to save for retirement, as your contributions are typically made with pretax dollars, resulting in lower taxable income, and your earnings can grow on a tax-deferred basis. Even if you don't reach the contribution limit (which, in 2015, is \$18,000, or \$24,000 if you're 50 or older), you can help yourself make progress toward your retirement goals if you give your 401(k) a "raise" every time you get one.

- **Review your progress** at least once a year. Pick one day a year – perhaps a "milestone" day, such as your birthday or wedding anniversary – to review your overall investment picture. Are your investments performing the way you had hoped? Is your portfolio properly diversified, or are there gaps you need to address? Are you investing too aggressively or too conservatively? A yearly review of your investments and long-term financial strategy, possibly with the help of a financial advisor, can help keep you on track toward your objectives. Of course, you don't need to wait 12 months before looking over your situation; you may need to adjust your holdings during the course of any given year, in response to changes in the financial markets or your individual needs. But by committing yourself to at least one full-scale review a year, you can greatly reduce unpleasant "surprises" while staying abreast of exactly where you are and where you're headed.

On Thanksgiving, you can enjoy the holiday's traditions, along with those that may be unique to your family. And someday, you may well be thankful that you followed some productive investment "traditions."

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

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Debbie Joyce, Brenda Gray, Jennifer Williams, Ann Barney, Helen Bowers and Kathie Gorski

Gulf Harbour November Luncheon

The Gulf Harbour November Ladies Luncheon featured a presentation by Kathryn Kelly of The Heights Foundation, an organization whose mission is to create strong, self-sufficient families in the Harlem Heights neighborhood, and a fashion show by Jennifer's. Jennifer's also provided a trunk show for the event, and 10 percent of all sales were donated to The Heights Foundation.✧



Andie Vogt and Aurelia Bell

Homeless Coalition Fundraiser Brings In More Than \$27,000

The Lee County Homeless Coalition raised more than \$27,000 during the organization's 1950s Sock Hop-themed 11th annual dinner and silent auction on November 9 at the Colonial Country Club in Fort Myers. The event had 5 gold sponsors, 8 silver sponsors and 13 bronze sponsors. Approximately 200 guests attended and bid on 75 donated auction items. The funds raised help the Lee County Homeless Coalition and its partners to continue their mission to end homelessness in Lee County.

Hosted by master of ceremonies Ray C. "Skip" Mitchell, Schooner Bay Realty, the evening featured guest speaker David Essel, author, talk show host and motivational speaker. Music was performed by Motown Magic.

"We are grateful for the support from our sponsors, partner agencies and the community for helping us to exceed our fundraising goal," said Janet Bartos, executive director, Lee County Homeless Coalition. "However, as we enter the holidays, we continue to rely on the help of the Lee County community to make an impact with the children, families and approximately 2,800 individuals who are faced with homelessness every day."

To learn more about how you can help join the fight against homelessness, contact Janet Bartos at 322-6600. For more information on the Lee County Homeless Coalition, visit www.leehomeless.org.✧

Early Learning Coalition Expands Literacy Buddy Program

The Early Learning Coalition of Southwest Florida (ELC) has named Brooke Potts as the new point person for its Literacy Buddy Program. Potts, a recent graduate of Florida State University, will spearhead the day-to-day operation of the program which pairs adult "Buddies" with 3- and 4-year-olds in child care programs served by the ELC.

In the Literacy Buddy Program, a child writes to their Buddy, telling him or her about their interests. The Buddy then buys a book for that child based on those interests, writes a note, and sends it along to the child's classroom. These exchanges take place three times during the school year.

"Brooke will be visiting all the childcare centers involved in our Literacy Buddy Program to touch base with teachers and assess if additional resources are needed in the classroom," said Jill Corbett, supervisor of the coalition's Literacy Buddy Program. "Brooke is here to enrich the experience of everyone involved in the program – from teachers to children to the adult 'Buddies.'"

If you would like to become a Literacy Buddy and help put books into the hands of children, visit www.ELCofSWFL.org.✧



Anita Shore, Maria Gervacio, Cindy Call and Linda Sheets



Sandy Kreatz, Kathryn Kelly, Jennifer Williams and Vee Yerrid



Jeri Hancox and Beth Manojlovich



Libby Hassleman and Debbie Nagle

Read us online at IslandSunNews.com

FGCU Accepting Nominations For Alumni Awards

Florida Gulf Coast University (FGCU) Alumni Association is accepting nominations for its annual Alumni Awards. Deadline for submission is Monday, January 4.

Since 2004, the FGCU Alumni Association has recognized outstanding alumni for their professional accomplishments and dedication to their communities and FGCU. Last year, Lee County Commissioner Brian Hamman, a 2004 graduate of the College of Arts and Sciences, was recognized as the 2015 Alumnus of Distinction.

Nominations are being accepted for two categories. Alumni of Distinction, the association's most prestigious award, recognizes one graduate each year for exceptional personal and professional achievements as well as outstanding com-

munity engagement. The Soaring Eagle award recognizes recent graduates – typically one from each of the five colleges – who have earned degrees from FGCU within the last decade (classes 2005 through 2015) and have excelled in their professions.

Winners will be announced on Friday, February 19 at 6 p.m. during the Alumni Awards Celebration at FGCU's Cohen Center Ballroom. Award nominations can be submitted online at alumni.fgcu.edu/alumniawards. Alumni may nominate themselves or be nominated by someone else.

The Alumni Association is dedicated to engaging graduates in a lifelong allegiance with FGCU and fellow alumni, cultivating opportunities for personal and professional growth after graduation, celebrating pride in the principles and achievements of FGCU and its graduates and inspiring individual investment in the university's future.

For more information, contact Angela Kunkle, assistant director of Alumni Programs, at 745-4343 or akunkle@fgcu.edu.✧

dearRPharmacist

Medicinal Herbs From The Bible



by Suzy Cohen, RPh

Dear Readers:

Many of you are convinced that prescription medicine is the best way to heal. As a pharmacist, I would agree with that at times, but not every time. Don't

forget that before man pulled the plant from the ground, took it to a lab and attached a synthetic chemical by force to the plant (just to get it patented), we all used Mother Earth. Last week, I did a health segment with television evangelist Pat Robertson on *The 700 Club*, and I showed viewers how ancient herbs were used to improve health.

I'll recap several herbs today, and if the topic interests you, go to my website (suzycohen.com) and sign up for my newsletter. My brand new ebook on the topic will be immediately emailed to you, *Medicinal Herbs from the Bible*. Everything I mention in that ebook is available at a health food store. Now, let's go back in time:

Bitter Herbs – If you just had a salad of leafy greens, chances are you had some plants that are considered bitter herbs. The most common bitter herbs are romaine lettuce, parsley, green

onions and horseradish. These contain antioxidants and support detoxification, while stimulating saliva, gastric and intestinal enzymes to help with digestion and high amounts of minerals. Horseradish root contains an enzyme called horseradish peroxidase which is thought to kill cancer cells.

Garlic – Mentioned in the Bible after the Israelites escaped from slavery in Egypt, it's dubbed "the stinking rose." The odor comes from sulfur-based compounds known today to promote heart health and reduce cholesterol and blood pressure. The journal *Cancer Prevention Research* shows that the sulfur compounds found in garlic deactivate cancer causing compounds.

Almond – Also known as *Prunus dulcis*, these nuts contain salicin, which acts like modern aspirin. Eat 10 to 15 almonds per day to get mild pain relief. The almond is a popular symbol of resurrection because the flowers bloom in January or February. The magnesium in almonds lessen nerve excitability and induce muscle relaxation.

Black Cumin Seeds – Known as *Nigella sativa* and mentioned in Isaiah 28:23, these jet black seeds help reduce blood glucose by improving beta cell function in the pancreas. It could be a great addition to a diabetes protocol. Further, a study suggests black cumin seeds help reduce the frequency of seizures, possibly in those who are resistant to drug therapy. Black cumin seed is not the same as cumin; that is something else.

Cinnamon – There are two types of cinnamon derived from closely related plants but they are not exactly the same.

I explain which cinnamon to use in my ebook (mentioned above). Generally speaking, cinnamon can help with athletes foot, indigestion, cognition and blood glucose.

Frankincense – Goes by another name on supplement labels called "boswellia." This "Gift of the Magi" has been shown in studies to help with ovarian and bladder cancer. It works a little bit like celecoxib

(Celebrex), the prescription blockbuster drug for arthritis. It helps reduce a nerve toxin called Th-17, so if you have cognitive problems, consider boswellia.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Six months ago, I had a heart attack. I

was told that it was severe but in spite of the prognosis given, I have done very well.

My wife is making me miserable out of concern and worry. She monitors my every move, what I eat, where I go, and if I am five minutes late, she calls. I can't stop for a beer with my old friends and she expects me to be in bed asleep by 8:30 p.m. every night.

I have tried to talk to her, but her behavior never changes. What can I do?

Carl

Dear Carl,

We would suggest you tell your cardiologist your problem and he/she may suggest a counselor to help. You don't need the added stress that your wife is causing and you should be out enjoying life. Your wife's behavior is out of concern, but her concern has gone beyond what is helpful.

You may have to change some of your lifestyle on the advice of professionals, but not the severe restrictions your wife has imposed.

Lizzie and Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

Doctor and Dietitian

Food For Exercise Recovery

by Ross Hauser, MD
and Marion Hauser, MS, RD

If you're an athlete you know the importance of proper muscle recovery, especially after a big race or intense game. Regular physical activity has many beneficial effects on health promotion and reduction of the risk of cardiovascular disease, cancer, osteoporosis, diabetes and other chronic disease. However, exercise itself causes damage to cells, which releases free radicals. Athletes need antioxidants for repair. Fresh foods such as vegetables, fruits, oils and fish all contain antioxidants. Proper diet is the best way to access these antioxidants.

One study encourages the use of non-

alcoholic wheat beer during the weeks before and after strenuous exercise, because of particular antioxidants it contains called polyphenols. Polyphenols are natural phytochemical compounds found in whole plant foods. Fortunately, you don't have to drink non-alcoholic beer to get them, since they are also found in various berries, grains and herbs.

So, should non-alcoholic beer be part of your recovery diet? Due to a high carbohydrate and low protein content, non-alcoholic beer could lead to blood sugar swings and decreased energy production. We would instead recommend fresh food as the source for polyphenols and other antioxidants to help with tissue recovery.

Regular consumption of various fresh fruits and vegetables, whole grains, legumes and beans, sprouts and seeds is an effective and safe source of antioxidants for physically active individuals and athletes.

Your body is a machine that needs regular fueling and upkeep. It takes work to keep it running smoothly, especially after you have taken it out on a long road trip. Fresh organic food is the best fuel, so eat up!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

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From left, Stefanie Ink-Edwards, Chris Downing, Sparkle Simmons, Kara Abramoff, Lilliana Barrow Espinosa, Claudia Tellez, Sasha Williams, Kelly Ann Talamo and Mike Joyce

Women In Business Wine Auction Highlights

The Greater Fort Myers Chamber of Commerce Women In Business hosted its popular annual Signature Wine Auction and networking

event on November 4 at Scanlon Lexus in Fort Myers.

Attendees participated in the annual Wine Auction to benefit the Women In Business Scholarship Fund. Guests were able to bid on silent auction items and participate in the live auction with baskets from the FSW Foundation, FGCU Foundation and more.✱



Marin Asher and Keith Ruebeling



Natalie Van Horn, Connie Ramos-Williams and Suzanne Boy



Susan Blust, Dean Piccirillo and Kimberly Pollock



Meredith Hoffman and Val Zanella-Voisin

PAWS Of Sanibel

Chopper



Chopper

Now I walk alone. At least, that's how it looks.

For 13 years I followed a red sesame Shiba Inu named Chopper all over the Iona Lakes area of Fort Myers. On vacation a month or so every year, I followed him around Bethel Village when he wasn't hanging out with the dogs at Wilson's Kennel.

I came to Fort Myers in 1998 with a fiancée. Two years later, she bought a condo by herself. I was left with plenty of time to work on history projects I knew I had to finish before I die. In the meantime, one of her first purchases for the condo was a black and tan Shiba named Chloe.

I walked Chloe a few times a week for two years. When I got tired of having her taken away when the former fiancée was mad at me, I bought Chopper at Pet

Paradise in Edison Mall.

Not more than a couple of tenants at Iona Lakes Apartments have been there longer than Chopper and me. Not more than a couple of people there know my name. Most everybody knows Chopper.

Chloe had a stroke in December 2013. She died after a second stroke in September 2014 while Chopper and I were in Bethel Village the last time.

I knew Chopper's time was coming. I went on vacation in late September, leaving him with a friend on Sanibel Island. Chopper pulled out of his collar on a Sunday morning. Four hours later he was picked up by Sanibel Police. It was Thursday before I found out what had happened.

After several calls the next morning, I learned he was in a foster home. so I cut vacation short two days to head home from Burlington, Colorado. Shibas are easily bored, so I think Chopper's adventure was good for him, I know it was good for me. I spent October 5 and 6, the last two vacation days, at home with him. I got two more Fridays, my normal day off work, at home with him before he died at 3:15 Sunday morning, October 18.

I took Chopper to South Trail Animal Hospital Monday morning for cremation. Before I left there I made the walk at one he and I always made after visits with Dr. Ford. Our last walk along Hendry Creek Drive had been six weeks earlier after vaccinations. That time, Chopper had walked only about 200 yards before going back to the car. This time, I walked to the first intersection. I smiled at the street sign: Chloe Circle. I'd noticed it before, but I'd forgotten.

Chopper normally passed another three houses before turning around. I

remembered going to the next intersection at least once, so I went on. I smiled again at the street sign Heaven Lane.

Back in Bethel Village next September, someone's bound to say. "My, that guy's

walking around thinking he's talking to a dog? He must be crazy! I told the ex-fiancee when that happens in Fort Myers, just tell them, "He's not crazy. He just never learned to walk alone.✱

Ronald McDonald House To Conduct 22nd Storybook Ball

NBC-2 Anchor Kellie Burns will emcee Ronald McDonald House Charities' signature event, the 22nd annual Storybook Ball, scheduled for Saturday, February 6 at the Hyatt Regency Coconut Point in Bonita Springs. The evening will be a special celebration of the 20th anniversary of the Fort Myers Ronald McDonald House.

The black-tie evening will begin with cocktails and silent auction at 6 p.m., followed by dinner and dancing to the Robert Williamson Band and a live auction, themed to an interpretation of *Cinderella*. All proceeds support Ronald McDonald House Charities of Southwest Florida in its mission to create, find and support programs that directly improve the health and well-being of children.

For more information about tickets and a variety of sponsorship opportunities, call Jennifer Harner at 437-0202 or visit www.rmhcswfl.org.✱

Sing-A-Long By Voices Of Naples

The Voices of Naples will present its 13th annual sing-a-long performance of Handel's *Messiah* on Sunday, November 22 at 3 p.m. at the Naples United Church of Christ, 5200 Crayton Road, Naples. Voices of Naples is an 80-member group, directed by Artistic Director Dr. Douglas Renfroe and accompanied by LaVon Mattson. They will be joined by a 20-piece chamber orchestra and will feature soloists: Carolann M. Sanita, soprano; Marian Hixson Birsa, mezzo soprano; Robert Beane, tenor; and Douglas Renfroe, bass.

Tickets can be purchased in advance for \$15 by calling 239-455-2582. Tickets can also be purchased at the door on the day of the concert for \$20.

Voices of Naples is a community chorus of 80 members with the purpose of raising scholarship money for deserving high school seniors in the Collier and Lee County area who wish to pursue vocal music at the college level. Over \$30,000 of scholarship money has been awarded in the 14 years of the chorus' history. The chorus will be performing two concerts of holiday music in December with more concerts scheduled for February and March.

For further information, visit the website at www.voicesofnaples.org.✱

DID YOU KNOW

TRIVIA TEST

- 1. HISTORY: What conflict did Secretary of State John Hay refer to as a “splendid little war”?
- 2. MUSIC: What was Aretha Franklin’s first No. 1 hit?
- 3. GENERAL KNOWLEDGE: What does the candy name M&M’s stand for?
- 4. GEOGRAPHY: Which California city is the farthest west -- San Francisco, Los Angeles or San Diego?
- 5. AD SLOGANS: What laundry detergent vowed to erase “ring around the collar”?
- 6. FAMOUS PEOPLE: What was the profession of Duncan Hines, whose name became a household brand of food products?
- 7. TELEVISION: Who was talk-show host Johnny Carson’s announcer and sidekick?
- 8. MATH: What is the only number whose letters are in alphabetical order?
- 9. FOOD & DRINK: What is the color of the liquor called absinthe?
- 10. LANGUAGE: What is the meaning of the term “canard”?

ANSWERS

1. Spanish-American War 2. “Respect,” in 1967 3. (Forrest) Mars & (William) Murnie, the last names of the candy’s founders 4. San Francisco 5. Wisk 6. Restaurant critic 7. Ed McMahon 8. 40 (f-o-r-t-y) 9. Green 10. A false report or story.

My Stars★★★★

FOR WEEK OF NOVEMBER 23, 2015

ARIES (March 21 to April 19) This year, instead of jumping into the whole holiday prep scene, move in a little at a time. You’ll appreciate the sense of control you’re more likely to enjoy.

TAURUS (April 20 to May 20) The separation between the Bovine’s head and heart is never as far apart as it seems. Both senses work best when they come out of logic and honesty.

GEMINI (May 21 to June 20) The best way to keep those pre-holiday pressures under control is to just say no to taking on new tasks while you’re still trying to work with a heap of others.

CANCER (June 21 to July 22) News means a change might be on its way, but what does it hold? Don’t just ask questions; make sure you get answers you can trust.

LEO (July 23 to August 22) Old friends and new have one thing in common: Both your longtime and newly minted pals have much wisdom to impart.

VIRGO (August 23 to September 22) With time running out, this is a good time for you to show ‘em all what those Virgo super-organizational skills can do.

LIBRA (September 23 to October 22) Librans and holidays are made for each other, especially if children and animals are going to be part of your joyous season.

SCORPIO (October 23 to November 21) Time is getting too short to allow a spat to taint the holiday season. Restart your relationship and reschedule holiday fun times.

SAGITTARIUS (November 22 to December 21) Seeking advice is laudable. You might learn far more than you thought you could. Stay with it.

CAPRICORN (December 22 to January 19) Continuing to assess changes works toward your getting your new project up and ready. Trusted colleagues remain ready to help.

AQUARIUS (January 20 to February 18) That new situation needs a lot of attention, but it’s worth it. This is a very good time for you to involve the arts in what you do.

PISCES (February 19 to March 20) It

might be a good idea to slow your hectic holiday pace so that you don’t rush past what -- or who -- you’re hoping to rush toward.

BORN THIS WEEK: Others pick up on your confidence in yourself, which inspires them to believe in you and your special gifts.

THIS WEEK IN HISTORY

- On Nov. 28, 1582, William Shakespeare, 18, and Anne Hathaway, 26, pay a 40-pound bond for their marriage license in Stratford-upon-Avon. Six months later, Anne gives birth to their daughter, Susanna, and two years later, to twins.

- On Nov. 27, 1703, an unusual freak storm finally dissipates over England after wreaking havoc for two weeks. Packing hurricane-strength winds, the storm killed between 10,000 and 30,000 people, and sank hundreds of Royal Navy ships.

- On Nov. 29, 1929, American explorer Richard Byrd and three companions make the first flight over the South Pole. In 1996, a diary of Byrd’s was found that seemed to suggest his plane had turned back 150 miles short of its goal because of an oil leak.

- On Nov. 23, 1936, the first issue of Life magazine is published, featuring a cover photo of the Fort Peck Dam. When it folded during the Great Depression, publisher Henry Luce bought the name and re-launched Life as a picture-based periodical.

- On Nov. 26, 1941, President Franklin D. Roosevelt signs a bill officially establishing the fourth Thursday in November as Thanksgiving Day. In 1789, President George Washington had proclaimed a holiday of national thanksgiving for the U.S. Constitution.

- On Nov. 24, 1971, a hijacker calling himself D.B. Cooper -- wearing only wraparound sunglasses, a thin suit and a raincoat -- parachutes from an airplane into a thunderstorm with 100-mph winds and temperatures well below zero over Washington state. Despite a massive search, no trace of Cooper or the \$200,000 in ransom money he carried was ever found.

On Nov. 25, 1990, after a howling

wind- and rainstorm on Thanksgiving Day, Washington state’s historic floating Lacey V. Murrow Memorial Bridge breaks apart and sinks to the bottom of Lake Washington. The bridge had been made of 22 floating pontoons.

STRANGE BUT TRUE

- It was 20th-century American journalist Walter Lippmann who made the following sage observation: “Our conscience is not the vessel of eternal verities. It grows with our social life, and a new social condition means a radical change in conscience.”

- According to a recent analysis of data from the online music streaming service Spotify and artist popularity data from a website called The Echo Nest, Americans tend to stop listening to new music at the age of 33.

- John Tyler, born March 29, 1790, was the 10th president of the United States. He was married twice and had a total of 15 children. These children, collectively, were witness to a surprisingly large swath of American history. The oldest, Mary Tyler Jones, was born in 1815, the year that saw the end of the War of 1812; the youngest, Pearl Tyler Ellis, survived until 1947, two years after the end of World War II. President Tyler even has two grandsons who are still alive today.

- You might be surprised to learn that it costs the U.S. government nearly 2 cents to mint a single penny.

- Unless you’ve been to Crater Lake National Park in Oregon, it’s difficult to believe just how blue the water of that lake appears. In fact, there was a time when the rich blues made the professionals at Kodak believe the photos to be overdeveloped, and the pictures would be returned at no charge.

- Those who study such things say that if you were (for reasons unspecified) to eat the liver of a polar bear, you’d die. The amount of vitamin A stored in that organ constitutes a fatal dose for humans.

THOUGHT FOR THE DAY

“You never know what you’ll want to write until it starts writing itself in your head.” -- Jill Ker Conway

SPORTS QUIZ

- 1. Who was the first National League shortstop to twice hit 20 or more home runs in a season?
- 2. Two Boston Red Sox pitchers threw no-hitters in 1962. Name them.
- 3. Who was the last Tampa Bay quarterback to rush for two TDs in a game before Josh McCown in 2014?
- 4. Name the player who tallied the most career points in Southern Cal men’s basketball history.
- 5. Two NHL teams have won a Stanley Cup after losing the first two games of the series at home. Name either one.
- 6. Who was the last driver before Nico Rosberg (2013-15) to win the Monaco Grand Prix at least three consecutive years?
- 7. How many Grand Slam doubles titles have Bob and Mike Bryan won together?

ANSWERS

1. The Giants’ Alvin Dark, in 1953 and 1954 2. Earl Wilson and Bill Monbouquette 3. Steve Young, in 1986 4. Harold Miner, with 2,048 points in three seasons 5. The Toronto Maple Leafs in 1942 and the Montreal Canadiens in 1966 6. Ayrton Senna won five in a row (1989-93) 7. Sixteen -- six Australian Opens, five U.S. Opens, three Wimbledon and two French Opens.

PUZZLE ANSWERS

ANDREA AMARETTOS SHED
COOLING GAVEAL FT IONA
THESTERILECUCKOO LANK
SITE ITAR NIGERIA
THREEDAYSOFTHECONDOR
SEMI SGNORA SOT
ESTHENA IC NO GOBI
THEWINGSOFTHEDOVE CAN
HALOEDPIA SVRIA ELK
EPEE NINTHS ER ALS
PEP BLACKAWKDOWN NAT
WD RAN ATFOUT USDA
DFA TTYS OCC OBRIEN
GAT THEFAG CHASIANDED
EHST SATIE IULL EHS
DAF RESAWS AMS
THEOWLANDIFEPUSYCAI
TORTLAW PS ASHE
ONEL THEMACTESEFALCON
PUCE TIMETABLE ELPASO
SSTS SPOROCYST OISPEL

ASPEN RAM CPA
LLAMA ALI HAP
LYRIC PARQUET
STRAPS URAL
ZEN EWE PENNY
AMIS ARROZ
GOPHER ELOPED
ARDOR NAME
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ANTI MANTRA
PARFAIT RIDES
ANI PRO AGORA
SEA EAR WAXED

GIRLS ONLY

SOPRANO
SEI
NERS
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CL
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Savory Pecan Stuffing
1/2 pound spicy or sage
breakfast-style ground sausage
1 cup chopped onion
1 tablespoon chopped garlic
1 tablespoon chopped fresh
rosemary, or 1 teaspoon dried
1 tablespoon chopped fresh
thyme, or 1 teaspoon dried
2 tablespoons chopped fresh
sage, or 2 teaspoons dried
1/4 cup butter
1 cup chopped celery
1 cup chopped pecans
1/2 cup golden raisins
1 loaf of bread or
cornbread equivalent cubed
2 cups low-sodium chicken broth
Cook sausage and onion together until
sausage is completely done. Drain well
and set aside.
Melt butter in a large skillet, and cook
celery and garlic until tender. In large
bowl add remaining ingredients, adding
sausage and onions last. Mix together
well and pour into a large baking dish.
Bake at 350° for about 45 minutes.✱



Savory Pecan Stuffing

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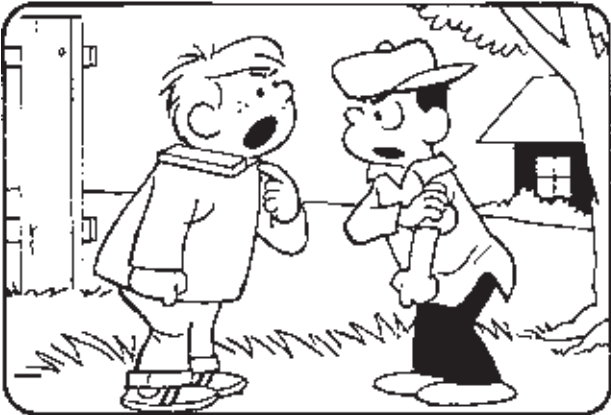
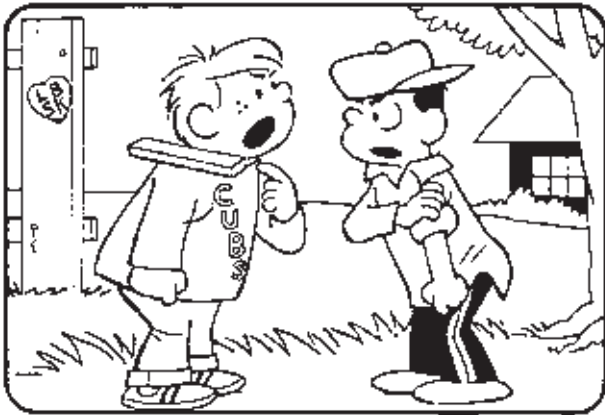
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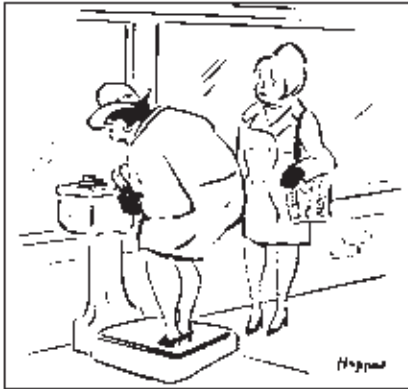


FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Head is missing. 2. Block is missing. 3. Team name is missing. 4. Arm is missing. 5. Stripe is missing. 6. Window is different.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"Sometimes I wish I hadn't married a man who is such a good..."

Affection: VELO

Engage: POMELY

Ask: REVUYS

Dolt: HEARAI

TODAY'S WORD

answer on page 27

PUZZLE ANSWERS

SUDOKU

8	4	2	7	3	1	6	9	5
7	3	1	6	9	5	8	4	2
6	9	5	8	4	2	7	3	1
3	6	4	2	1	9	5	8	7
2	1	9	5	8	7	3	6	4
5	8	7	3	6	4	2	1	9
9	2	3	4	5	6	1	7	8
4	5	6	1	7	8	9	2	3
1	7	8	9	2	3	4	5	6

SCRAMBLERS

solution

1. Love; 2. Employ;
3. Survey; 4. Airhead

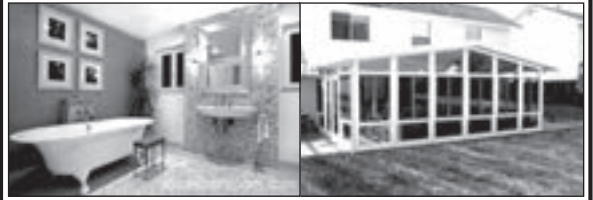
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*NS 11/06 CC 11/20

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HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management
* Island Resident * Licensed & Insured
* 24/7 * www.doradoproperty.com
Call Lisa or Bruce at 239-472-8875
*RS 3/21 CC TFN

SANIBEL HOME WATCH

Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
(239) 728-1971
*RS 1/4 BM TFN

ROGER NODRUFF ELECTRIC

Lic# EC12002788.
Call Roger 239-707-7203.
Aqualink - Motor Controls.
Office & Store Maint.
*RS 6/7 CC TFN

HELP WANTED

TROLLEY DRIVER POSITION

PT, Flexible hours - Fun, energetic, people
person, with safe driving record.
CDL class C with passenger endorsement
license. Knowledge of the islands a plus!
Call Evelyn at 239-472-8443
for interview or send resume to
Evelyn@adventuresinparadise.com
*NS 11/20 CC 12/11

CONVENIENCE STORE AND DELI HELP WANTED

Flexible Full or Part Time.
Please apply in person at
HUXTERS MARKET & DELI.
472-2151
*NS 11/20 CC 11/20

FULL TIME ASSISTANT MANAGER

Needful Things at
Tahitian Gardens, Sanibel.
Fax resume to 239-333-3578.
Benefits + Tolls Paid
*RS 11/20 CC 11/27

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New
McGregor Salon. Increase your income,
be your own Boss. Positive, friendly,
comfortable atmosphere. Close to FMB &
Sanibel. Located in the busy, McGregor
Pointe Shopping Center near K-mart.
For Info call Anita 239-233-9882
*RS 3/13 CC TFN

HELP WANTED

HOUSING ADMINISTRATOR

Community Housing and Resources, Inc.
(CHR) is seeking applicants for a
full-time, fully benefitted
Housing Administrator position.
Major duties include:
Management of 74 rental units and main
contact with CHR residents including
duties such as: Processing applications for
new and renewing tenants; Managing
complaints and investigating nuisances;
Dealing with breaches of tenancy and
leasehold agreements; Supervision of
the maintenance worker position and
coordination of routine repairs and
maintenance; Development of policies
to ensure equitable and efficient housing
management; Ensure program compliance
with local state and federal policies

Qualifications:

Minimum experience
Five years in an office setting; Ability to
critically read and understand rules that
govern fair housing; Strong writing skills;
Demonstrated knowledge of Microsoft
Office software including Word and Excel
(short basic skills test during interview);
Demonstrated experience working with a
database; A level of life experience
and maturity to handle
landlord/resident relations
Preferred experience:
Quickbooks software; Property
management and/or knowledge of HUD
rules; Housing database; College degree;
Send resume and cover letter to:
CHR Hiring Committee
2401 Library Way, Sanibel, FL 33957
by Monday, November 23, 2015 by 3 p.m.
Sanibelchr.org.
EOE
*NS 11/13 CC 11/20

JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or
Waiters with open availability Monday
through Sunday. If interested call
and ask for Kim 472-9300.
*NS 5/29 CC TFN

VOLUNTEERS NEEDED

Volunteers needed for light general
maintenance. Call (CHR) Community
Housing & Resources, Inc. 472-1189.
*NS 11/1 NC TFN

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell
Museum needs Education and Great Hall
volunteers. No experience necessary, will
train. Please contact Melanie at
(239) 395-2233 ext 11.
*NS 7/11 NC TFN

★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

BOATS - CANOES - KAYAKS

DOCKAGE
Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
*RS 1/4 NC TFN

VEHICLES FOR SALE

BRITISH SPORTS CAR
1980 TRIUMPH TR7
Green/Tan Anniversary Model
96K miles, Convertible,
beautiful condition, runs well
\$5,000. 352-362-8576
*NS 11/06 CC 11/27

GOLF CART FOR SALE



Street legal, "gas" powered.
\$6,500. 239-209-6500
*NS 7/17 BM TFN

FOR SALE

DESIGNER FURNITURE
Like new, Robb & Stucky Living Room
and Den furniture currently used in 2,800
square feet luxury condominium. Owners
moving off-island using different decor.
Items include sectional sofa, chair and
ottoman, wrought iron & glass cocktail
table, 4-piece entertainment unit, and
sleeper sofa. Photos and pricing furnished
on request. (239) 472-2696.
*NS 11/13 CC 11/20



**GARAGE • MOVING • YARD
SALES**

**3rd ANNUAL ZONTA CLUB
GARAGE SALE**
Friday 11/20 8 am-3 pm
Saturday 11/21 8 am-2
1046 Sand Castle (Dunes)
Please obey parking guides
Tons of Great Stuff
www.ZontaSanCap.com
*NS 11/13 NC 11/20

VAST ESTATE SALE
11/21 - 8 AM to 2 PM
911 Strangler Fig Lane (in Gulf Pines).
Antiques, books, silver, pictures,
furniture, collectibles, glassware,
orientals and much more.
*NS 11/20 CC 11/20

MAGNIFICENT YARD SALE
625 EAST ROCKS DR - WEST GULF
DEC 5 - 9 AM to 1 PM
Furniture, Tools, Bikes, Wheelbarrow,
Ladder, Wood Swing, Kayak, EZlift Chair,
Household Items, Books, Lots & Lots More!
*NS 11/20 CC 12/04

MULTI-FAMILY SALE
Saturday, November 21
8AM to 2PM
Furniture, Kitchen, Jewelry & Much More
1536 Bunting Lane
*NS 11/20 CC 11/20

MULTI FAMILY GARAGE SALE
Neighborhood multi family Garage sales
Saturday Nov. 21st at 9 AM
Roseate Lane Sanibel Off Purdy Look
for signs Balloons Small freezer many
household Kitchen items captain chairs
costume jewelry lighting fixtures too much
to mention Must come and take a peek.
Rain date Nov 28th NO EARLY BIRDS
*NS 11/13 CC 11/20

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IslandSunNews.com
CLICK ON
PLACE CLASSIFIED

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landings a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift

it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

To those who are hungry, \$20 is a fortune.

*But \$20 can feed a family of four
for a week, thanks to the...*

**Harry Chapin
Food Bank!**

The Food Bank can acquire \$6 of nutritious food
for every \$1 you donate, turning your \$20 into
a week's worth of meals for a family of four...

Thank you for your generosity!



Scan to
connect to
the Food
Bank!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3740 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007
Or donate online at:
www.harrychapinfoodbank.org



THE RIVER
FORT MYERS EDITION

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Tuscany Isle	Bonita Springs	2012	4,616	\$2,650,000	\$2,450,000	22
York Manor	Fort Myers	1930	5,138	\$1,125,000	\$950,000	157
Natures Cove	Estero	2006	2,974	\$925,000	\$850,000	173
Crescent Park Addition	Fort Myers Beach	1941	2,672	\$848,000	\$790,000	29
Shell Mound Park	Fort Myers Beach	1972	1,554	\$724,000	\$686,000	90
Cape Coral	Cape Coral	2007	3,270	\$699,900	\$683,000	42
Bayland Heights	Fort Myers Beach	1975	1,664	\$699,900	\$675,000	56
River Point	Fort Myers	2007	2,914	\$664,500	\$655,000	56
Island Acres	St. James City	2004	3,890	\$649,000	\$625,000	195
Crown Colony	Fort Myers	2003	2,479	\$569,000	\$565,000	0

Courtesy of Royal Shell Real Estate

8					1		9	
	3		6					2
		5		4	2	7		
	6				9	5		7
2					8			4
		7	3				1	
	2				6	1		
4				7				3
1		8	9				5	

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hi, my name is Sammy and I am a six-year-old spayed female white and brown beagle mix. You may wonder how a sweet, lovable little dog like me ended up homeless. Well, my owner passed away so, sadly, I need to find another "forever" home. Beagles make wonderful family dogs because we are so easygoing and low maintenance. In return I will lower your blood pressure and supply you with joy and laughter. I'm a sweet, lovable girl.

Adoption fee: \$25 for all pets six years and over

My name is Majestic and I am a black with white socks domestic short hair male age three months. I know you are looking for an adorable little kitten so why not adopt me? I'm cute and love playing with the other kittens at the shelter. I especially love volunteers – they have the best laps for cuddling. I could cuddle with you too!

Adoption fee: \$20 (regularly \$75) during Animal Services' Pet'acular Thanksgiving adoption promo. Cats and kittens are also available for a two-for-one adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Sammy, ID# 528099



Majestic, ID# 642272



Emergency.....	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards.....	574-9321

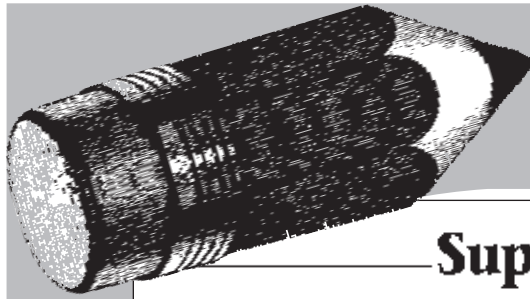
CLUBS & ORGANIZATIONS	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists.....	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands.....	218-5768
Iona-McGregor	482-0869

Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900

AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates	334-3614
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com



BEACH CHAIR PASTIME

answers on page 25

Super Crossword

BIRD WATCHING

ACROSS

- 1 Singer Bocelli
7 Almond-flavored liqueurs
16 Backyard building
20 Talking amorously
21 Picked up while hitchhiking, say
22 Island off Scotland
23 1969 Liza Minnelli film
25 Scrawny
26 Locality
27 -TASS (news agency)
28 Nation whose capital is Abuja
30 1975 Robert Redford film
37 Highway hauler
38 Málaga Mrs.
39 Boozehound
40 "C" la vie!
43 Actress Sofer
45 Cake coating
47 Asia's largest desert
51 1997 Helena Bonham Carter film
57 Con's place
58 Like an angel's head

- 59 Grammy nominee
60 Iraq neighbor
61 Gugging animal
62 Foal's heavier cousin
63 Common jazz chords
66 Suffix with hotel or front
67 Gore and Franken
68 Cong. member
69 2001 Josh Hartnett film
73 Columnist
74 "Sands of — Jima"
75 Tore on foot
76 Dined at a diner
77 Meat-stamping org.
78 Baden article
79 Bar assoc. member's
82 Roman 700
83 Conan of TV
85 Houd's pistol
86 1976 Michael Caine film
90 Lead-in for "white"
92 Avant-garde composer
93 Rock's Jethro
94 Hecht hosp. areas
95 Clumsy ox
98 Cuts again, as a plank
101 Alternative to Alpo
103 1970 Barbra Streisand film
110 Hues about legal wrongs
111 Bites from puppets
112 Tennis champion
113 1941 Humphrey Bogart film
122 Purplish brown
123 Schedule
124 City in west Texas
125 Former Brit. Airways jets
126 Sachlike larval stage of some flatworms
127 Scatter and drive away

- 3 Performs, biblically
4 Choir platforms
5 Strop treater Abbr.
6 Era
7 Heartburn
8 Neighbors of Ithas
9 Disinclined (to)
10 — room (place for air hockey)
11 — de cologne
12 "Toddler & Tiaras" zurer
13 "Tok"
14 — mind (in agreement)
15 Unemotional
16 Feature of the word "sign"
17 Stash away
18 Film composer
19 Senegal's capital
24 In a cab, say
29 Sliny stuff
31 Hair-raising
32 Correct, as a manuscript
33 Taking care of the issue

- 34 Actress Nina
35 Makes an effort
36 Within reach
40 Rock singer
41 Some lurch-shifting garments
42 Moves instantly in sci-fi
44 Meat-stock jelly
46 "Le Père (Balzac novel)
48 Area next to the sea
49 Love song singer
50 Places to dip earl pens
52 Calamity
53 Sty noise
54 Jazz pianist
55 Outlook
56 Make money
57 City on the Loire
64 Bowler, e.g.
65 Krona earner
69 Impish tyke
70 Narrow strip of wood
71 Former Big Apple mayaw
72 Gold corn of yore

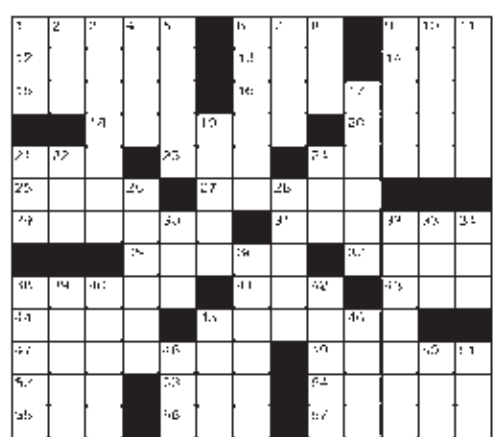
- 77 Tea holder
80 Ache (for)
81 Totally full
83 Earthen pots
84 Like mild weather
87 Basic point
88 Jacob's wife
89 Genève's country
91 Flute sources
96 Be'l pierce
97 Hascal — (country group)
99 Flapped
100 Hucksters' pitches
102 Bad people have visible ones
103 Alternatives to sunroofs
104 Baseball's Wagner
105 Assemble
106 Smart as
107 Ruffled
108 Music industry gp.
109 "For" inter-ested ...
113 Chemical compound
116 Punk music offshoot
117 Sea, to Yves
118 -Z
119 Ford cu —
120 Nourished
121 — Baba

- DOWN
1 Drama units
2 Rare kind of ball game

King Crossword

ACROSS

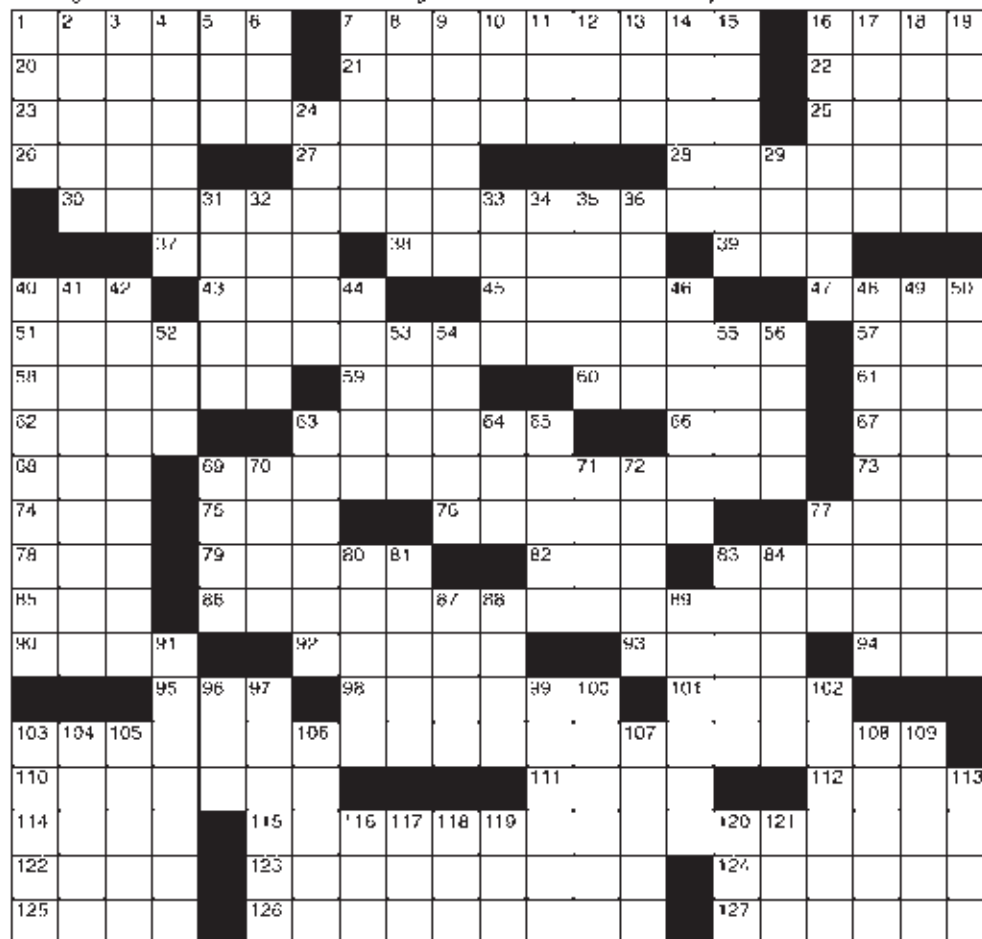
- 1 Colorado ski mecca
6 Aries
9 Bookkeeper (Abbr.)
12 Camel's cousin
13 "The Greatest"
14 Chance
15 Hammerstein's contribution
16 Decorative floor
18 Knapsack parts
20 Kazakhstan over
21 Buddhist sect
23 Lamb's dam
24 Minimal change
25 Winter Kingsley
27 Rice, on a Mexican menu
29 Minnesota
31 Fled to wed
35 Heat
37 Appellate on
38 Miss USA adornment
41 Neighbor of Ukr.
43 Abrade
44 Con
45 Off repeated word
47 Layered dessert
49 Carnival



- attractions
52 Blackbird
53 Paid player
54 Old market place
55 Vast expanse
56 Listener
57 Grew
station
9 Make butter
10 Spring of joy
11 As deemed fit
17 City (former Philippine capital)
19 Trophy for one
21 Sharp turn
22 Comedian
23 Carrot's cousin
24 D.C. type
26 "Doctor Zhivago" star
28 Same old story?
30 Detergent brand
32 Baffling
contradiction
33 Flightless bird
34 Society newcomer
36 Demos themes, for one
38 Sixty sh appetizers
39 Foolish
40 Places in the heart
42 Malt shop item
45 Actress
46 Latvian capital
48 Gorilla
50 Prior to
51 Blue

DOWN

- 1 Every iota
2 Crafty
3 Carrot's cousin
4 Send forth
5 Mother-of-pearl
6 50 Cent, e.g.
7 "Sad to say..."
8 Bygone space



MAGIC MAZE

GIRLS ONLY

W N J G D Z W S T Q N K H D A
X U R S P M (S O P R A N O) J G
D A X V S E S S X E Q N K I F
D A X V C E T I Q T O M J I I F
C A Y N W S R S U H R P N L J
H F I D E T S T A G B Y Z X R
V R T R A E Q E I U D O M E K
P I O I R H U R D A N F H D B
Z Y V T W V T Q L D W T R Q O
N A C L L K I E N I O R E H S
N A M O W A H F D M C G A Z X

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

- | | | | |
|----------|---------|----------|----------|
| Actress | Goddess | Princess | Soprano |
| Alto | Heroine | Queen | Waitress |
| Aunt | Lady | She | Woman |
| Daughter | Mother | Sister | |

DOC FORD'S

RUM BAR & GRILLE

**AWARD
WINNING**
Flavors From The
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239.472.8311

Ft. Myers Beach



708 Fisherman's Wharf.
Ft. Myers Beach, FL 33931
239.765.9660

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